

ÇOCUKLAR İÇİN

BEYİN

VE

DIKKAT

EGZERSİZLERİ



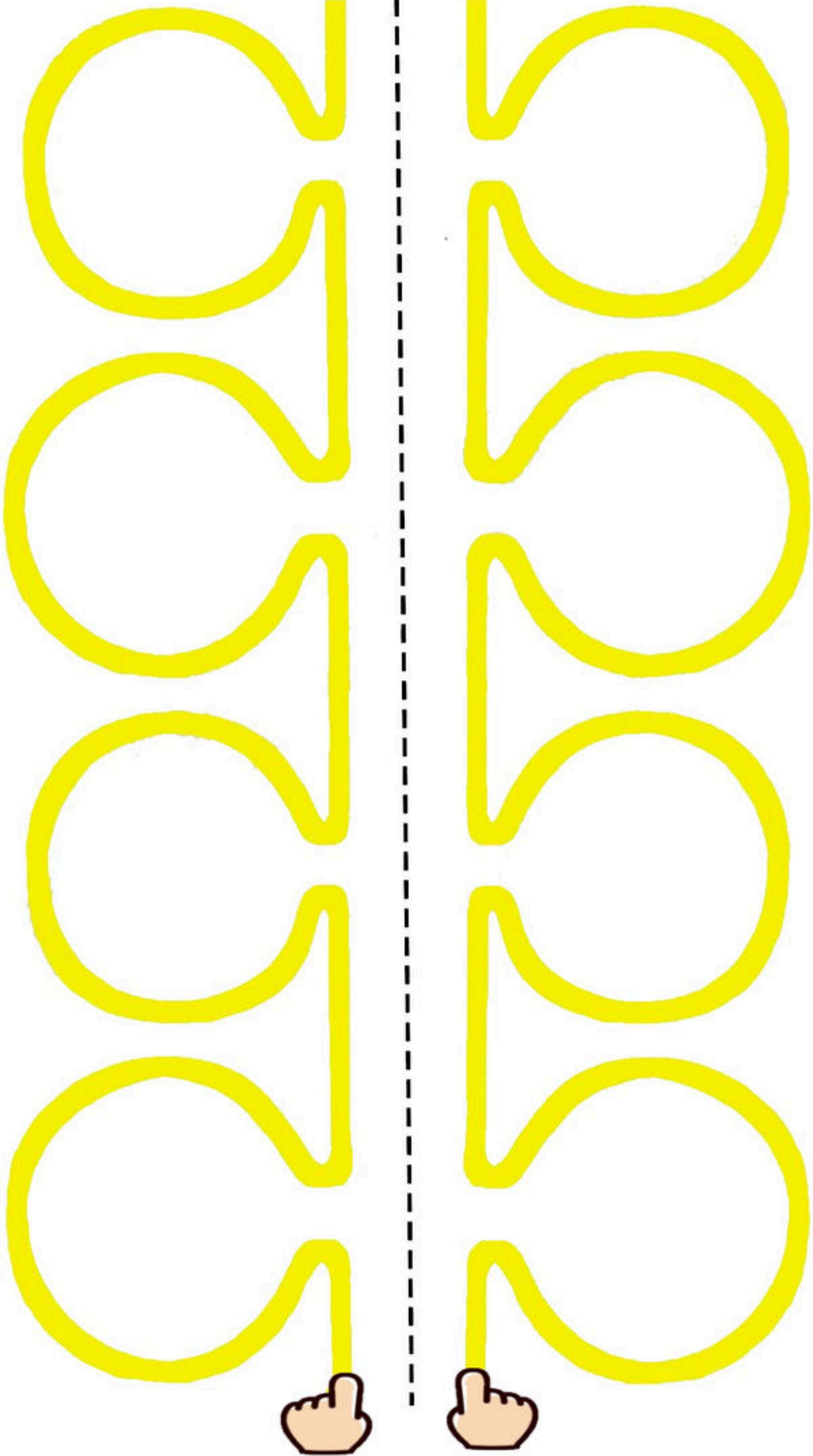
TUĞÇE YAPICI EROL

@terapotikdanisman

2025

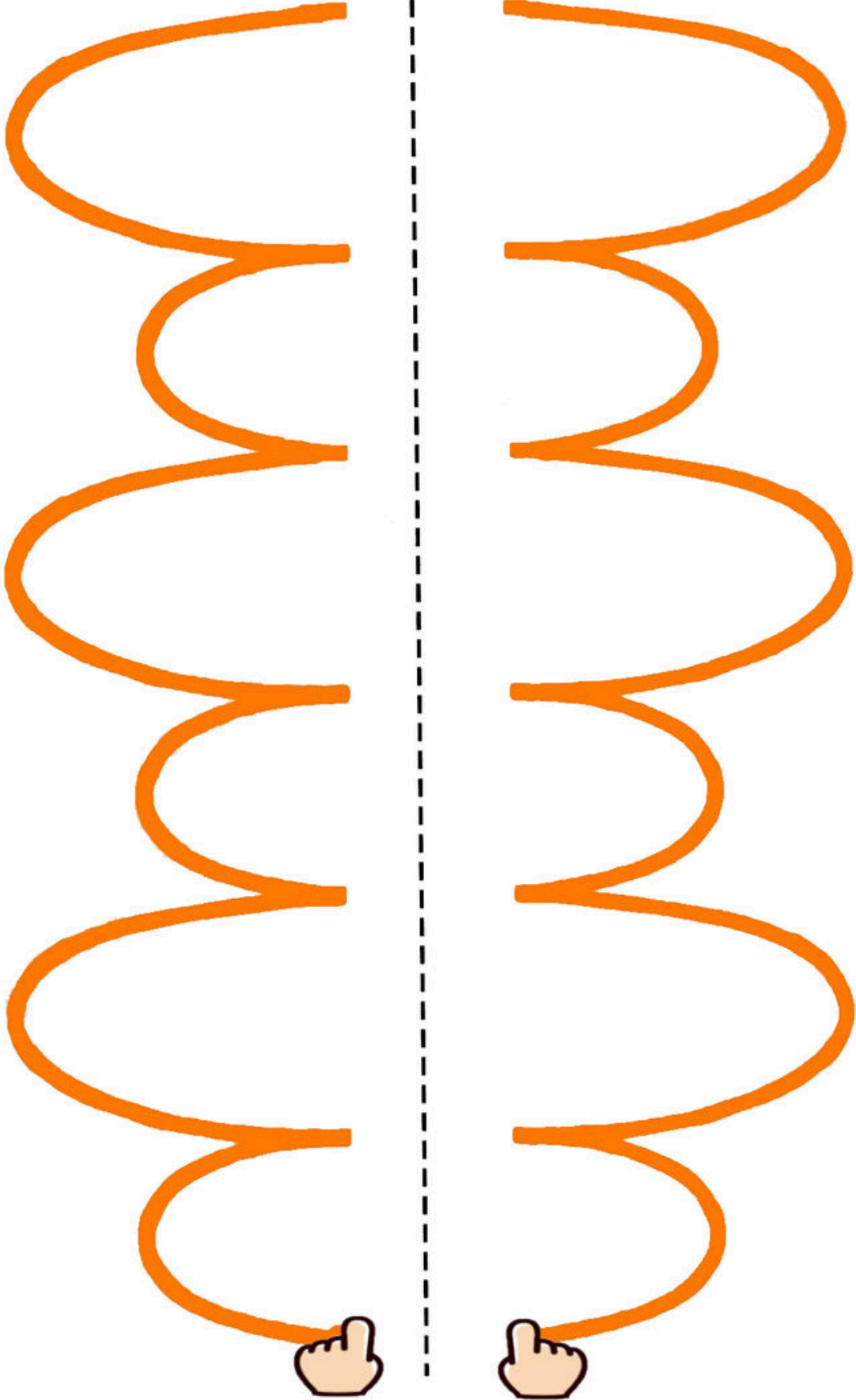
Sağ ve sol işaret parmağın ile çizgileri takip edelim.

instagram/sanat.etkinligi

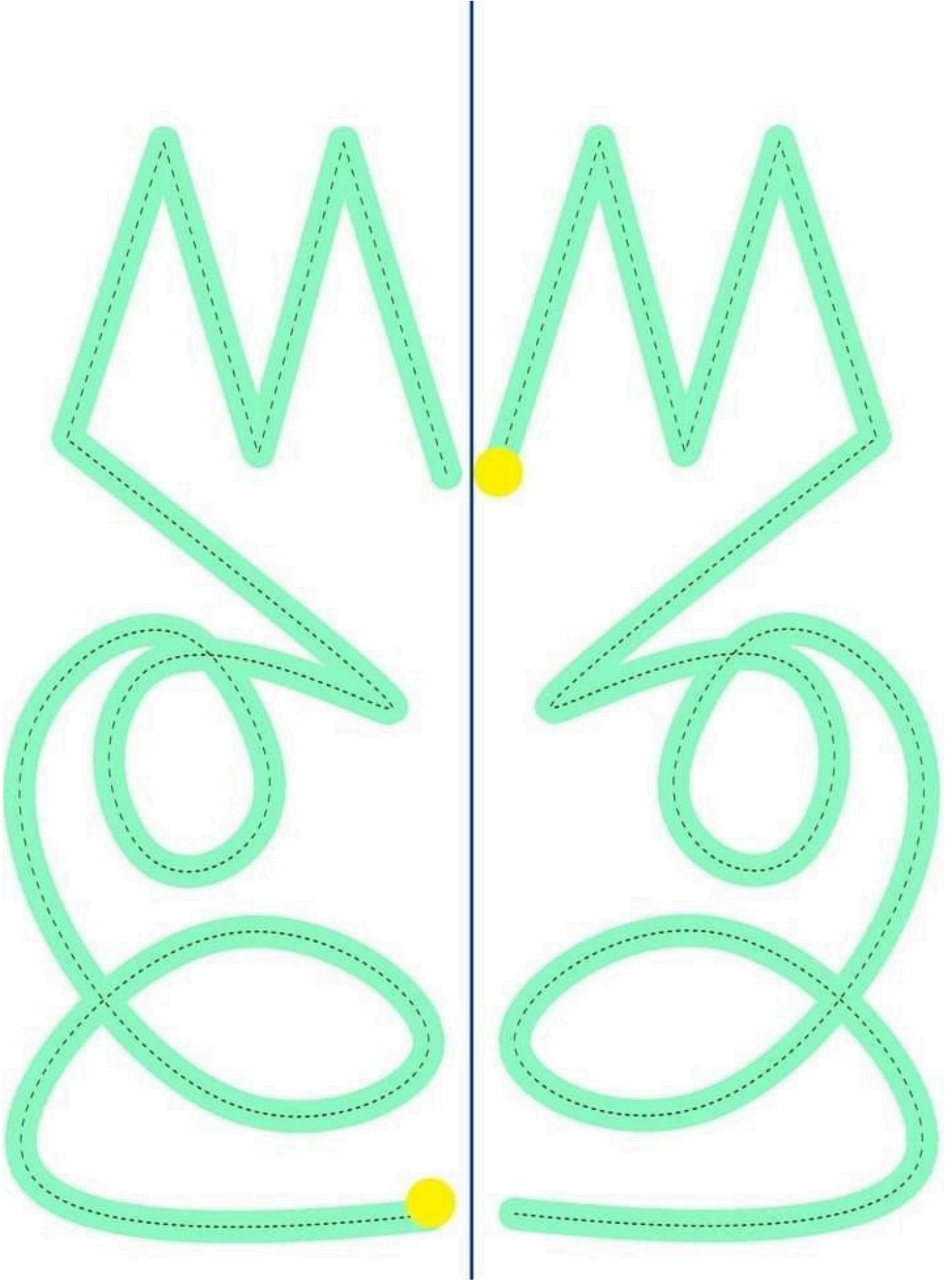


Sağ ve sol işaret parmağın ile çizgileri takip edelim.

instagram/sanat.etkinligi

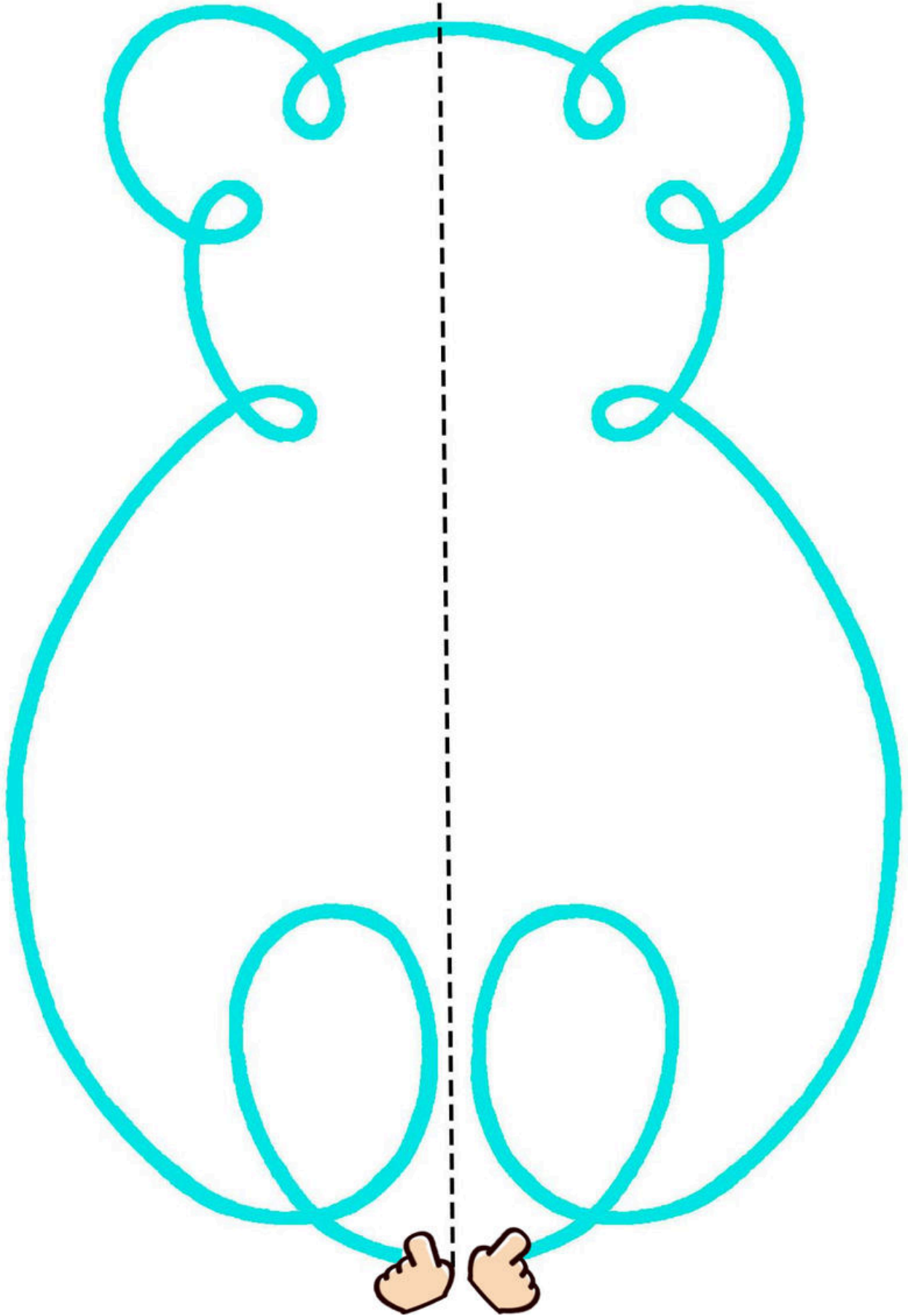


Sağ ve sol işaret parmağın ile çizgileri takip edelim.



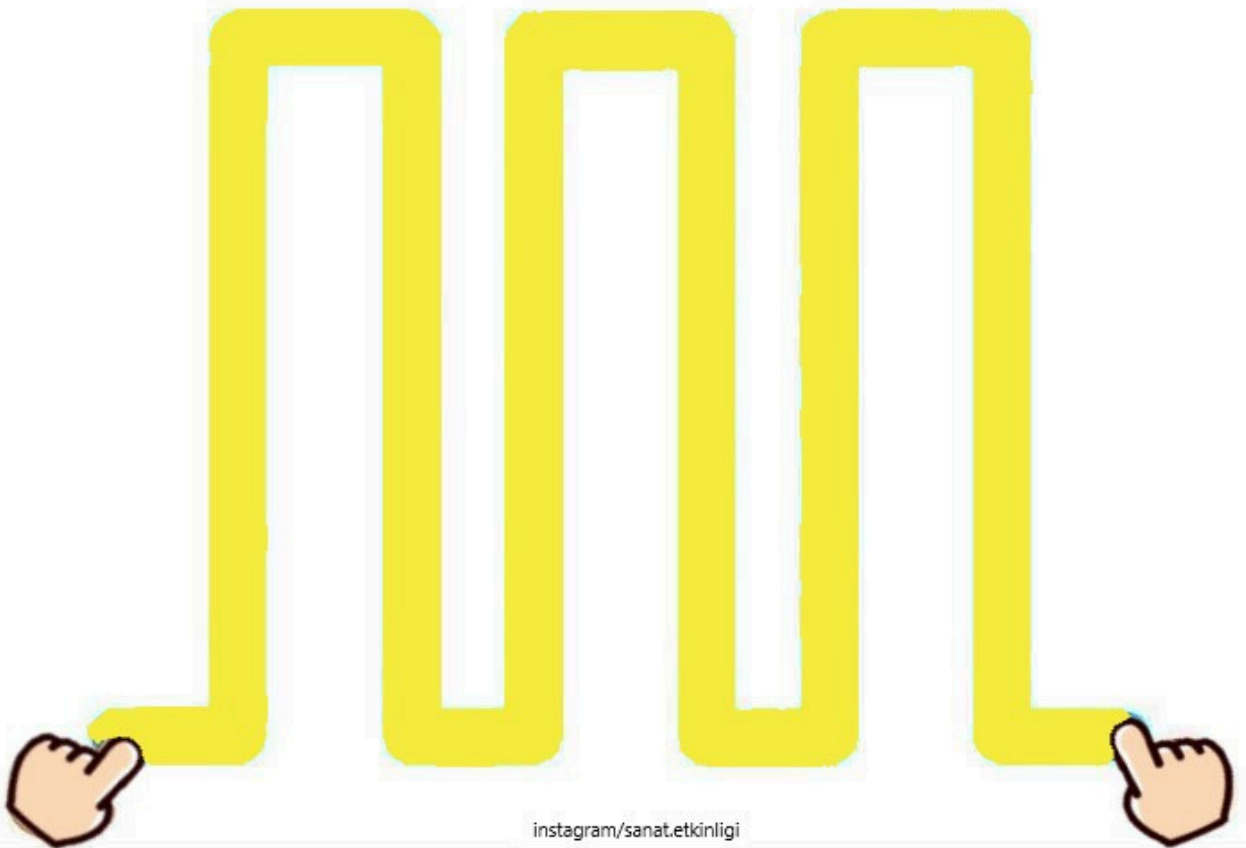
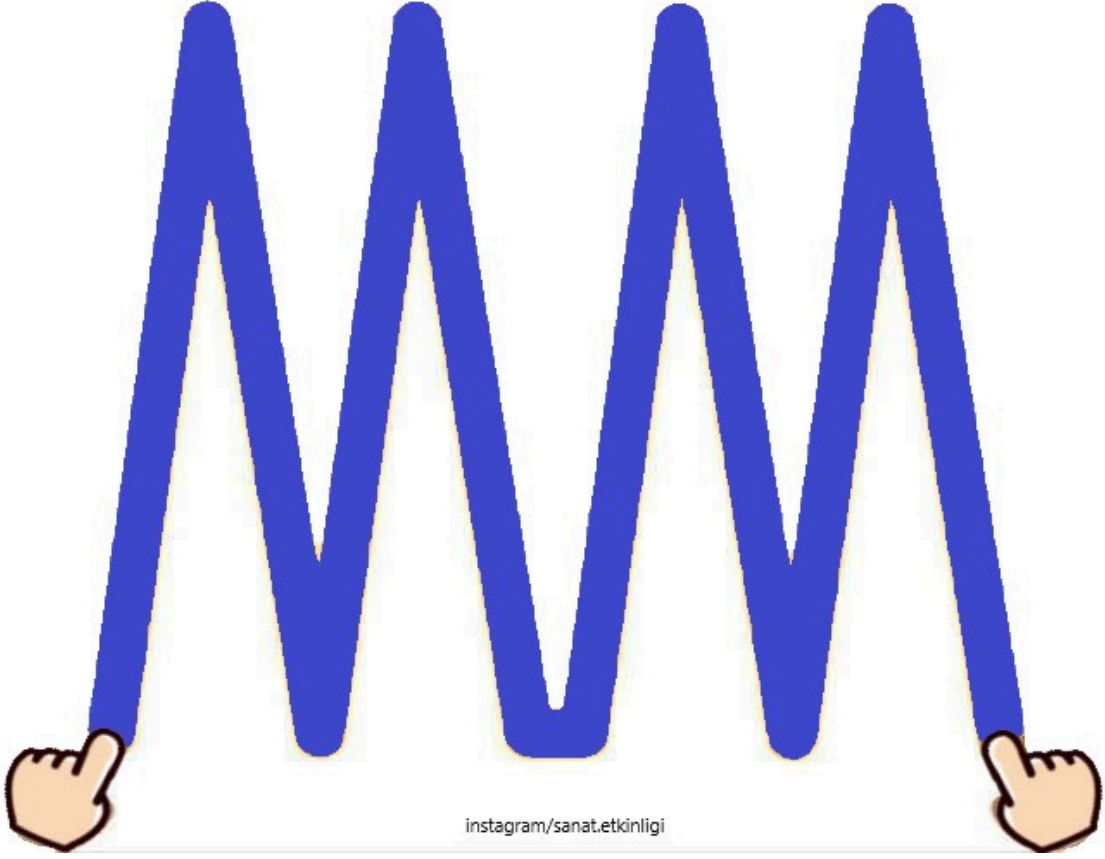
Sağ ve sol işaret parmağın ile çizgileri takip edelim.

instagram/sanat.etkinligi

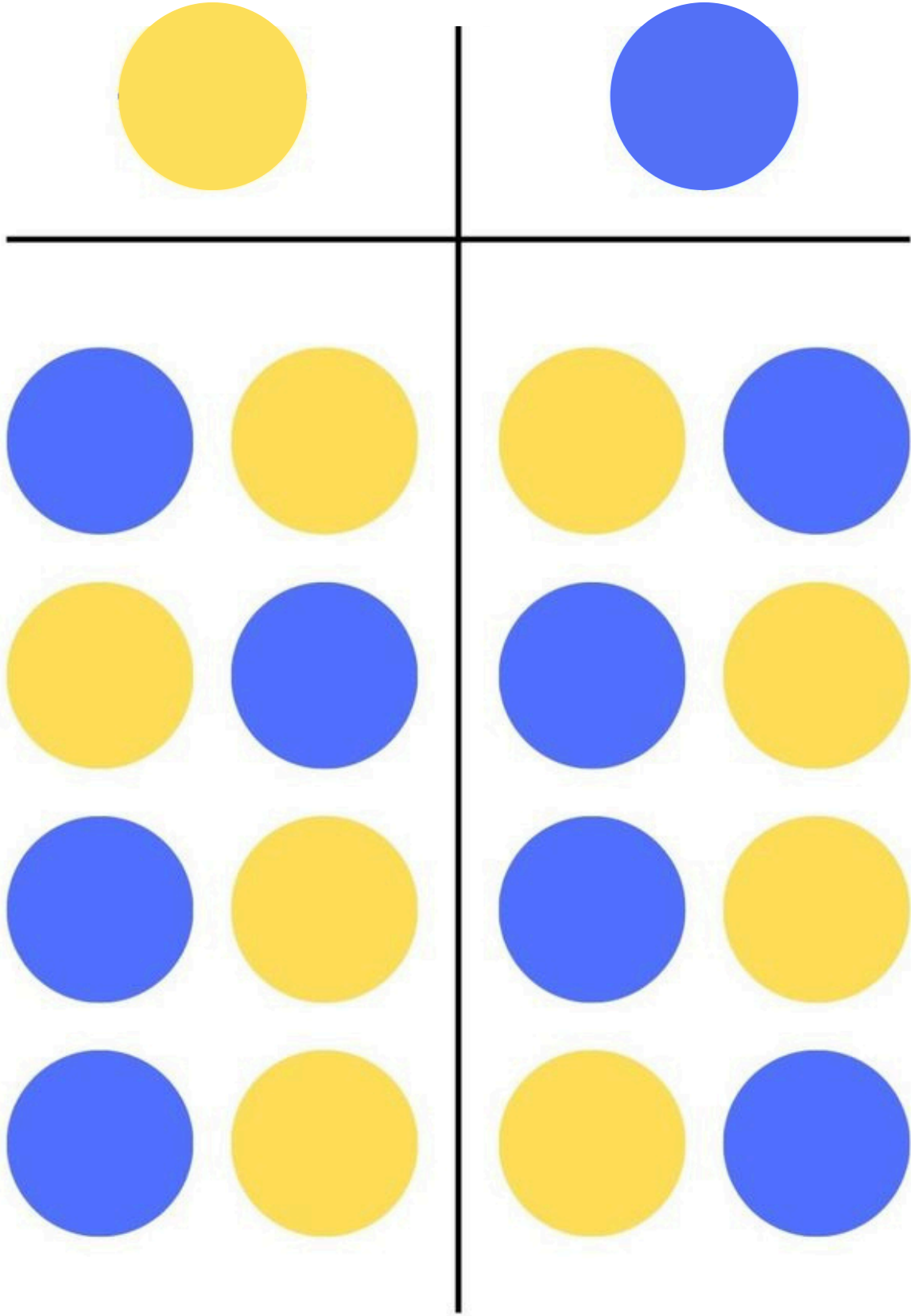


TUĞÇE YAPICI EROL
@terapotikdanisman

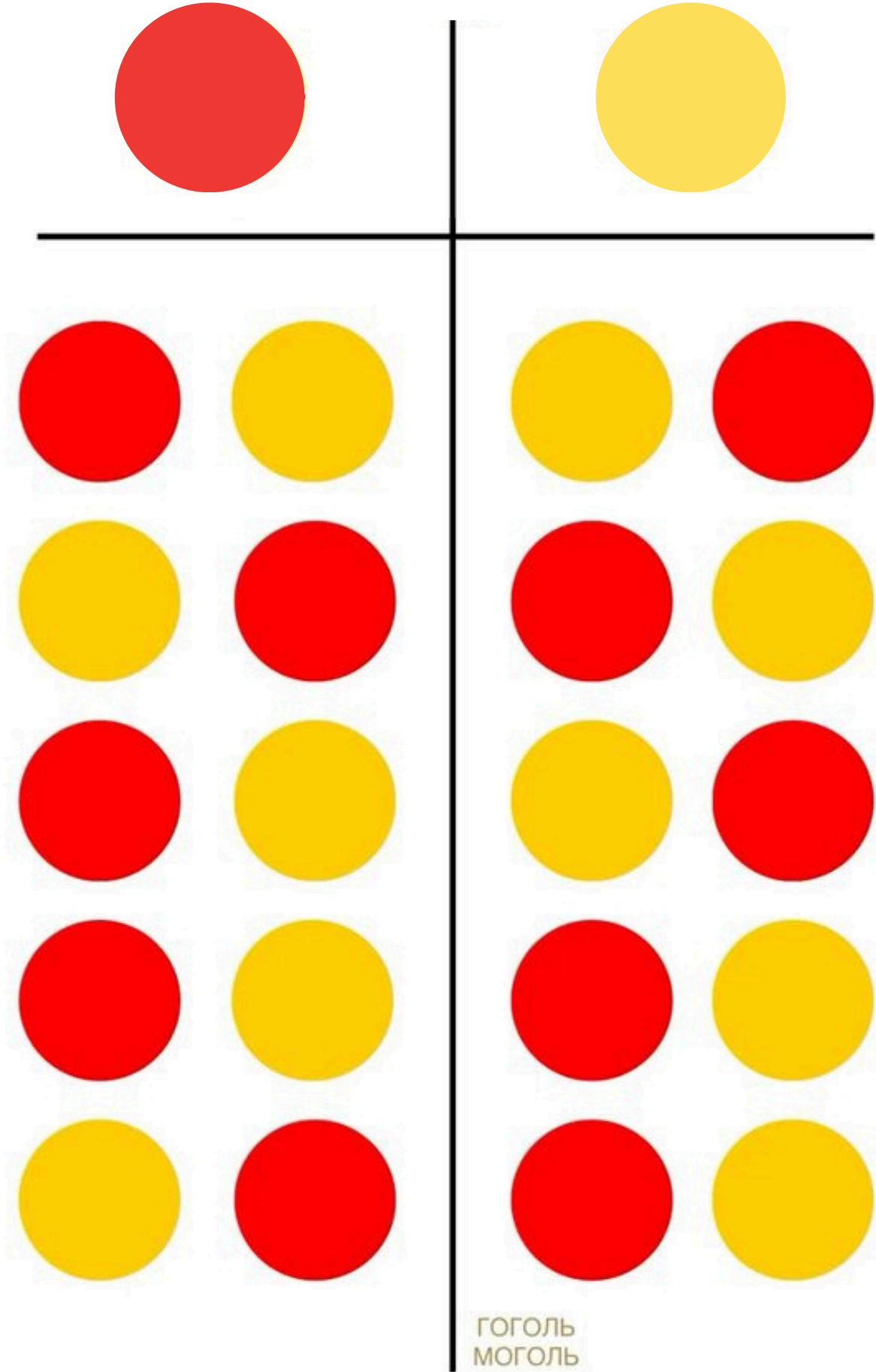
Sağ ve sol işaret parmağın ile çizgileri takip edelim.



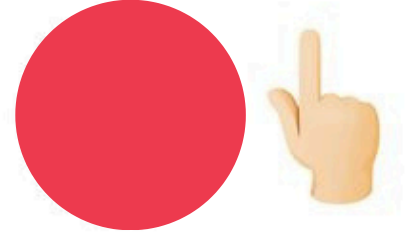
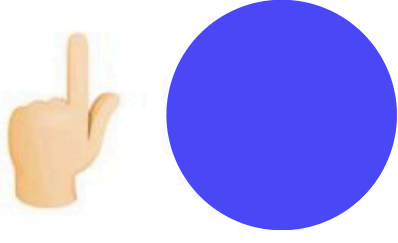
Sarı ve mavi daireye işaret parmaklarını koy alt satırlarda aynı renge dokunarak aşağı doğru ilerleyelim.



Kırmızı ve sarı daireye işaret parmaklarını koy alt satırlarda aynı renge dokunarak aşağı doğru ilerleyelim.



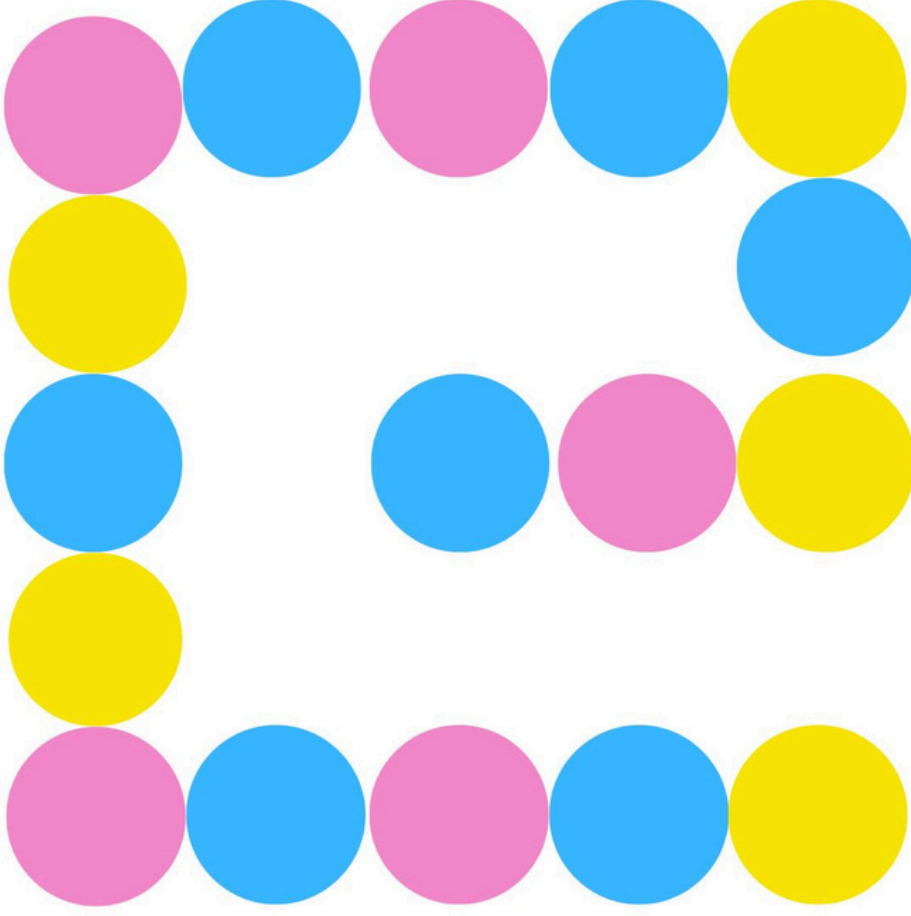
Mavi ve pembe daireye işaret parmaklarını koy alt satırlarda aynı renge dokunarak aşağı doğru ilerleyelim.

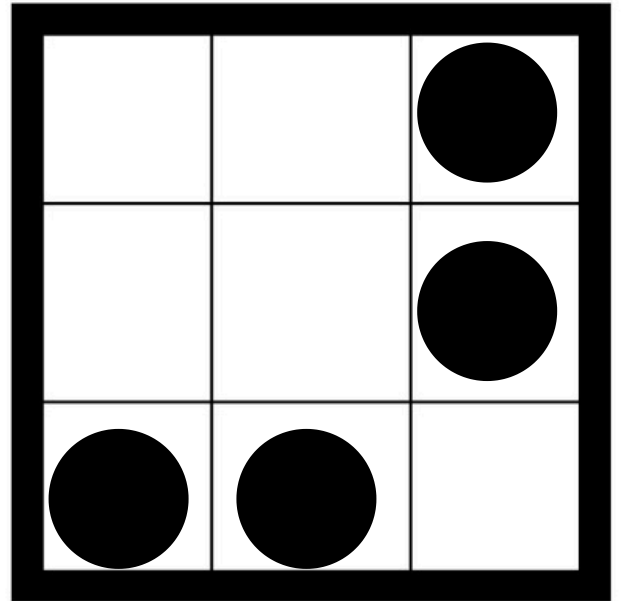
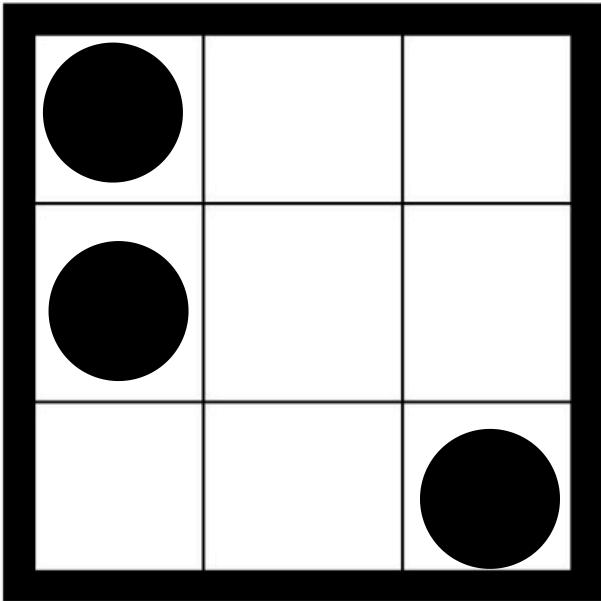
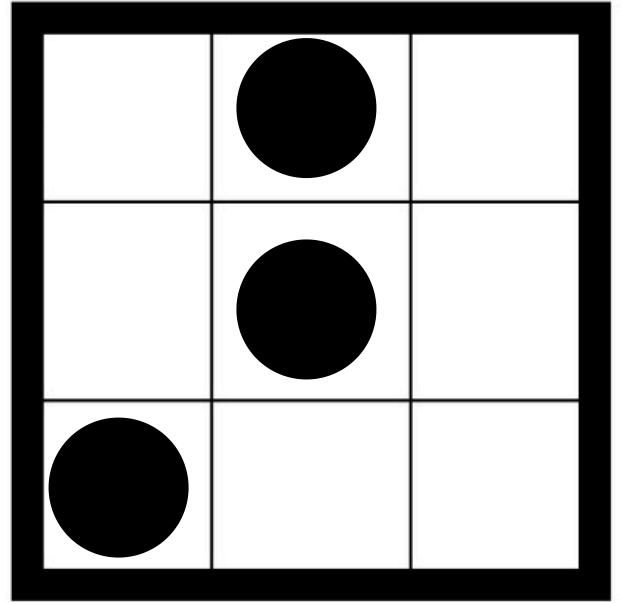
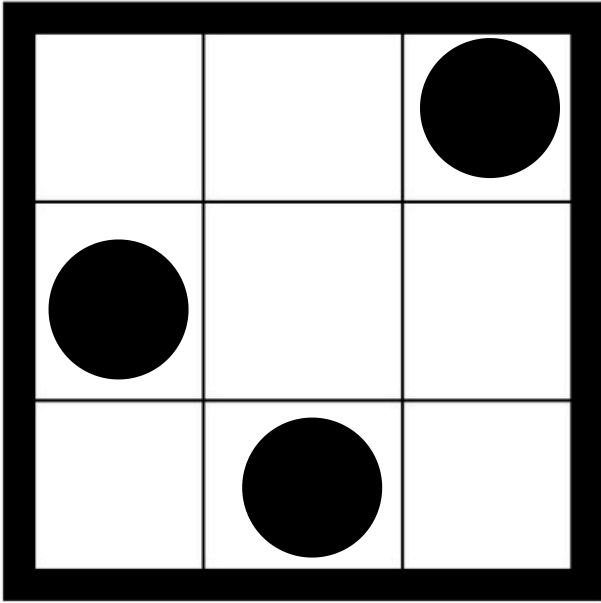
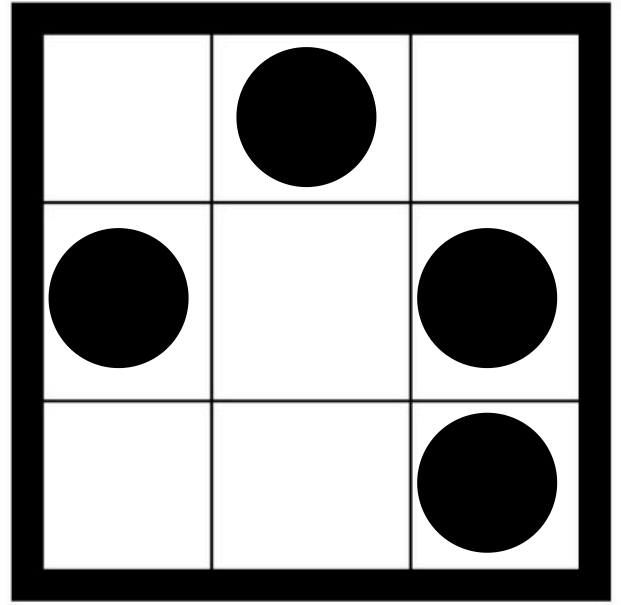
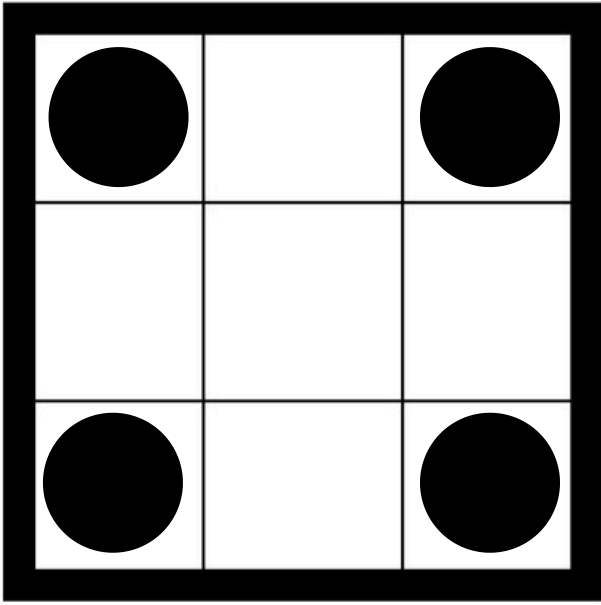


Blue	Red	Purple
Purple	Red	Blue
Red	Blue	Purple
Red	Purple	Blue
Blue	Purple	Red
Purple	Blue	Red
Red	Blue	Purple
Purple	Red	Blue
Purple	Blue	Red

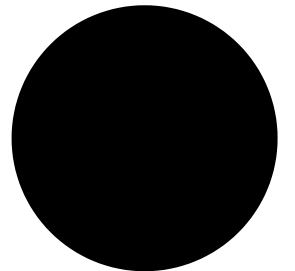
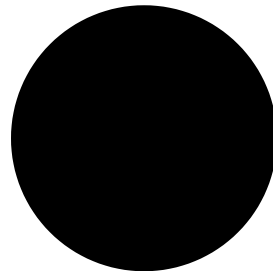
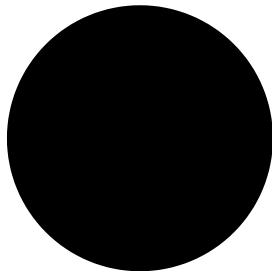
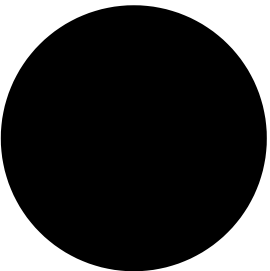
Purple	Blue	Red
Blue	Red	Purple
Red	Purple	Blue
Red	Blue	Purple
Red	Purple	Blue
Red	Blue	Purple
Blue	Red	Purple
Purple	Blue	Red
Red	Purple	Blue

Sağ işaret parmağınla dairelere dokunarak ilerleyeceğiz aynı anda daire hangi renkse sol elini de o renge koymalısın.

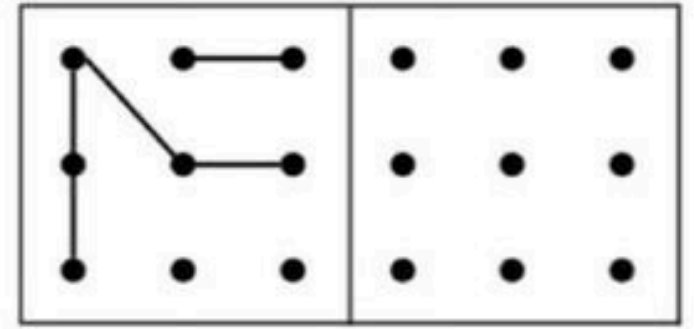
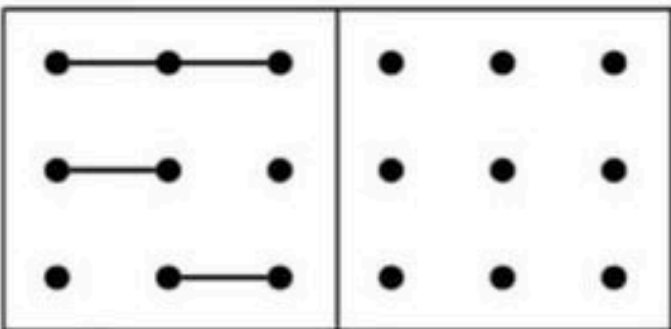
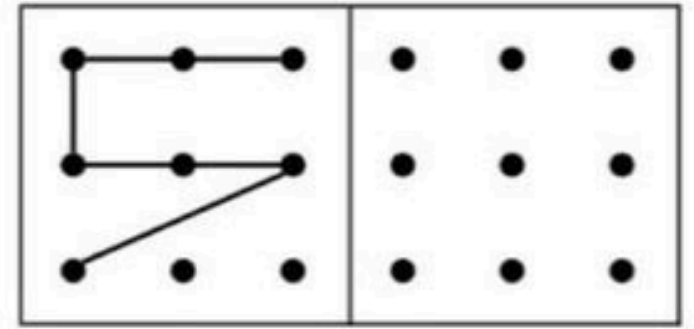
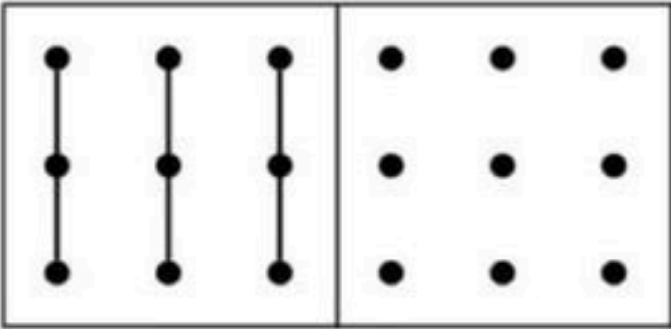
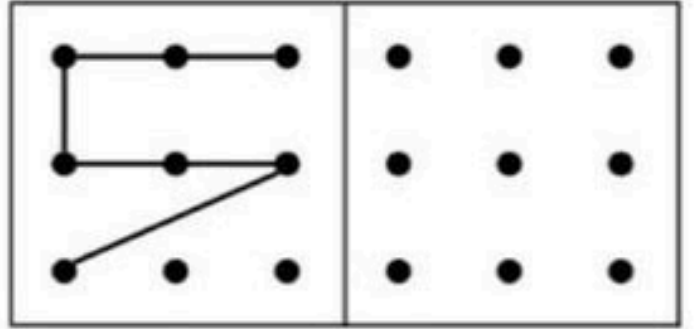
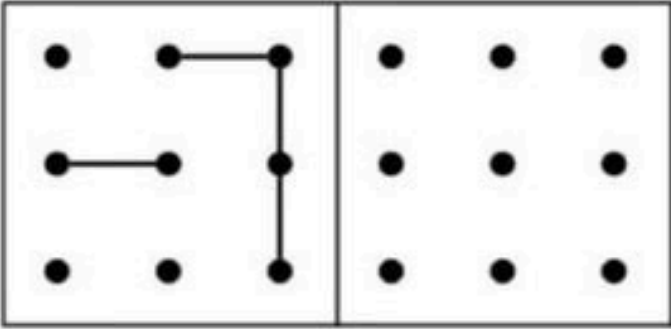
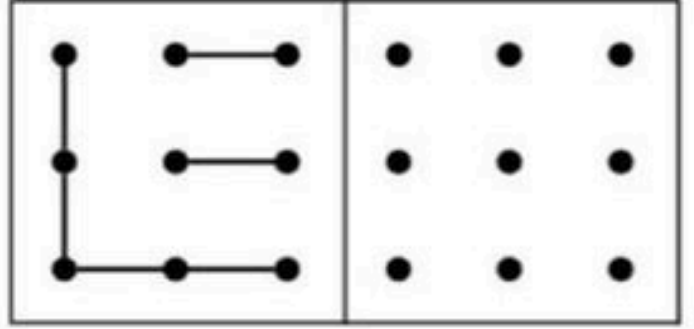
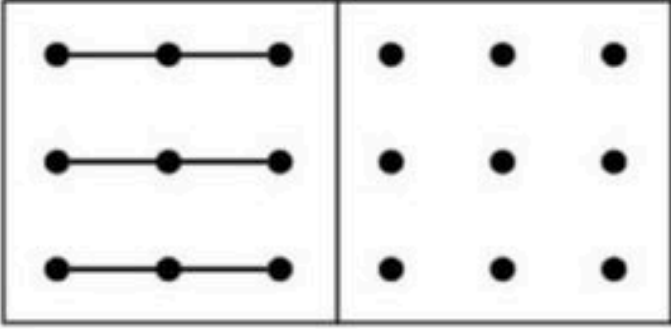




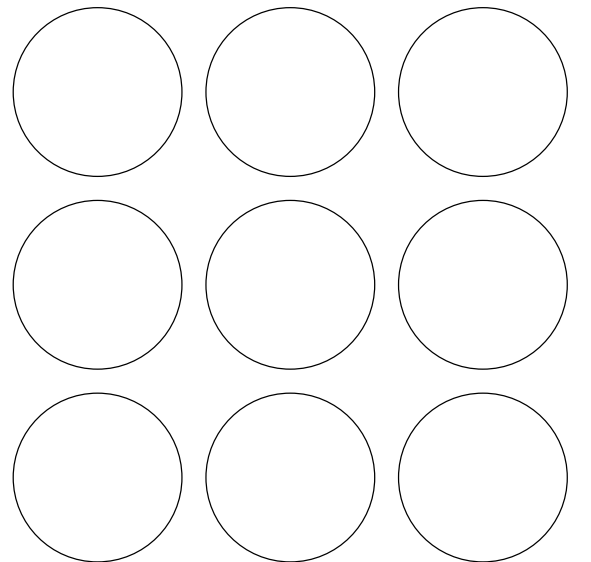
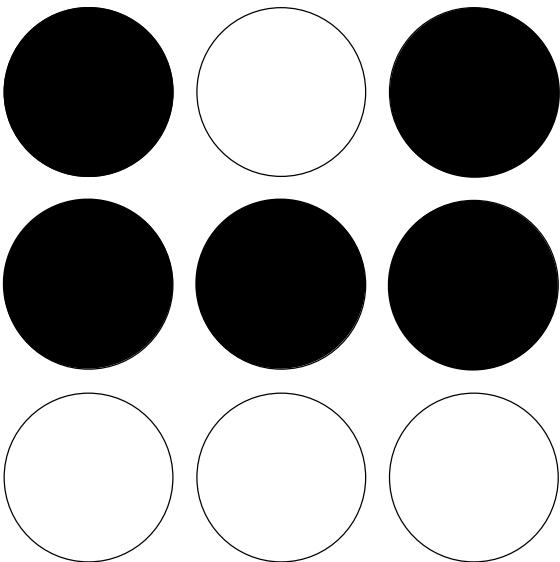
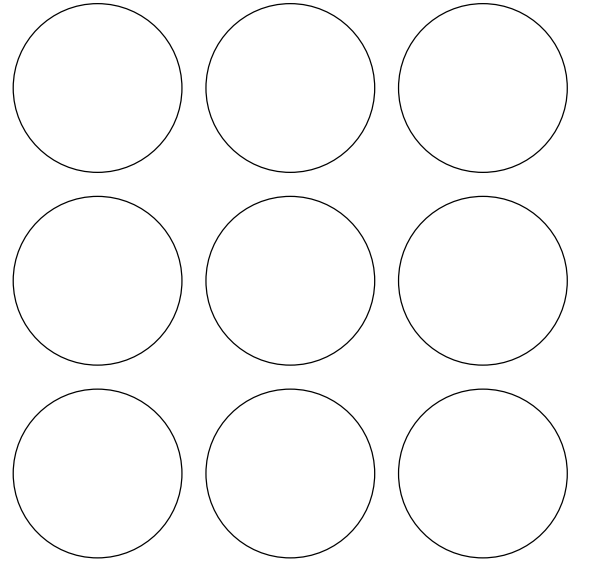
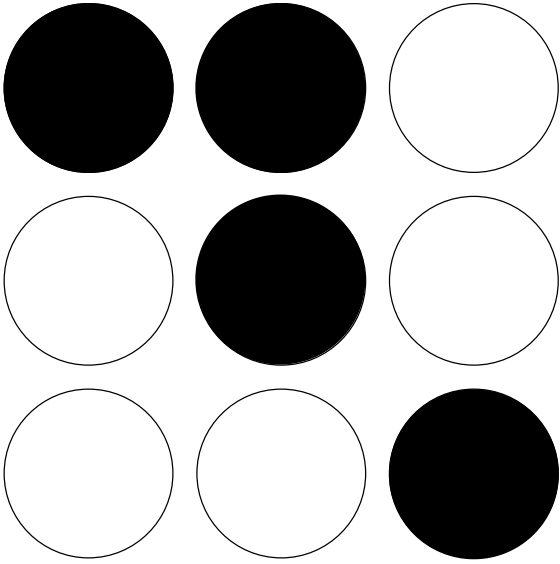
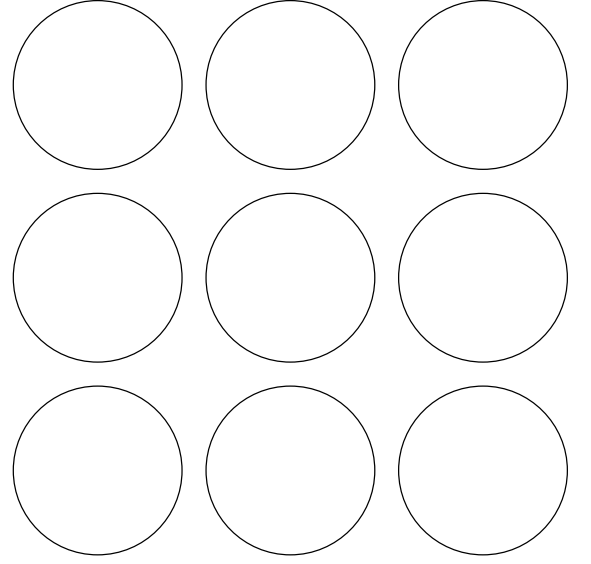
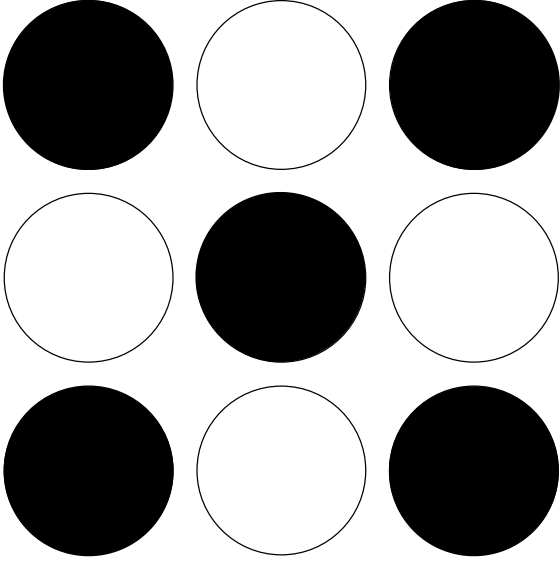
Bir önceki sayfada verilen şekillerin aynısını tabloda yapalım.



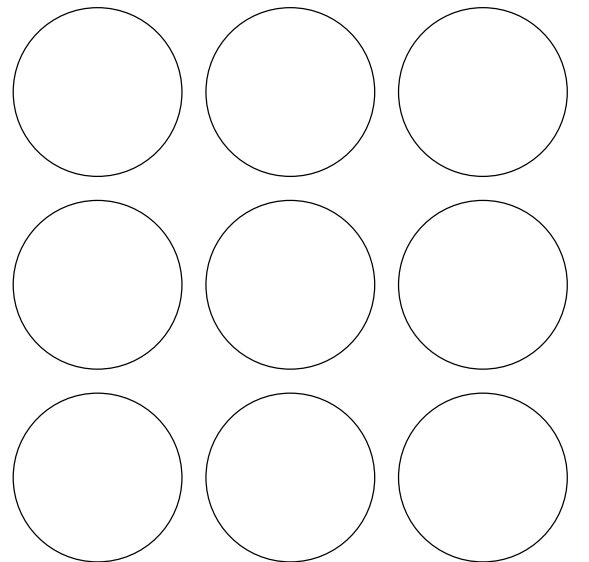
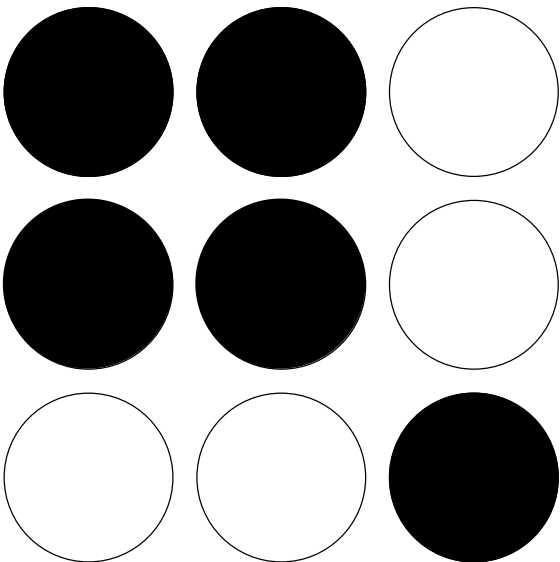
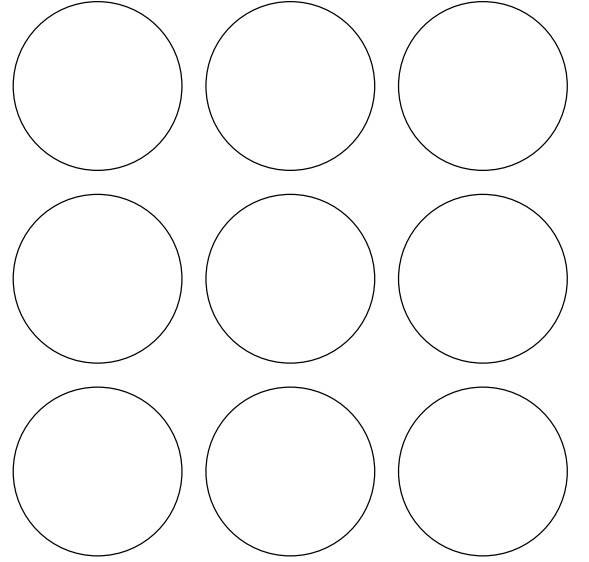
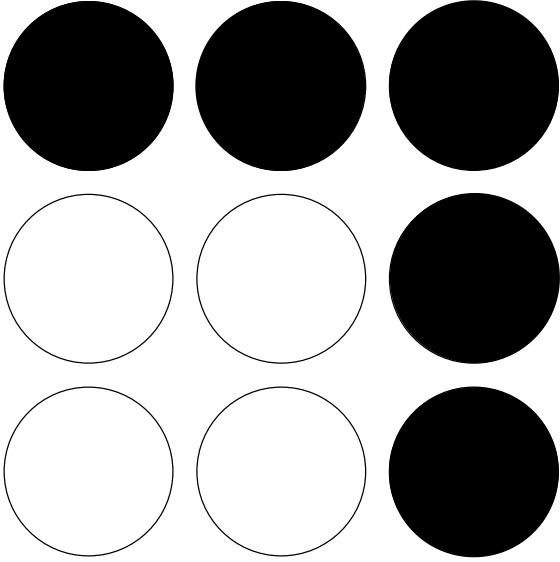
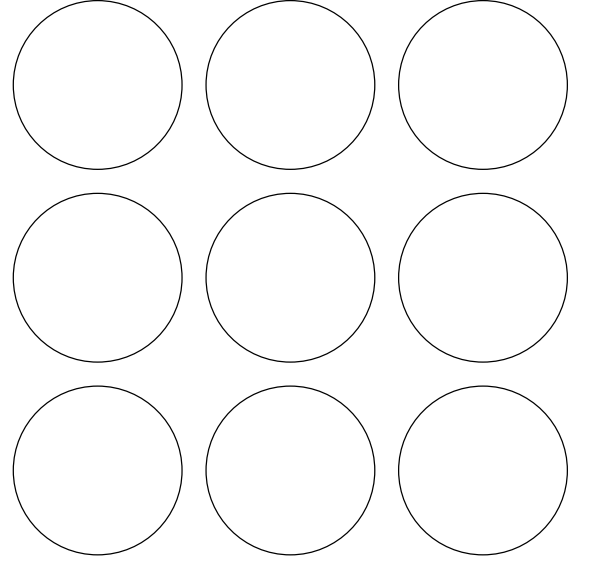
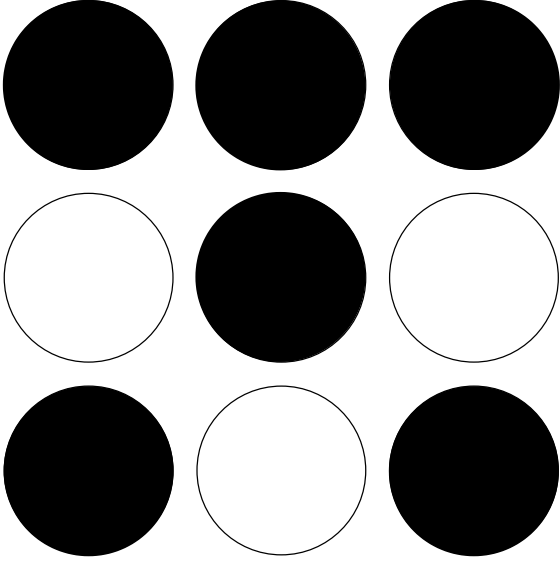
Soldaki çizgilerin aynısını sağ tarafa çizelim.



Soldaki Őeklin aynısı sađ tarafta olacak Őekilde daireleri boyayalım.



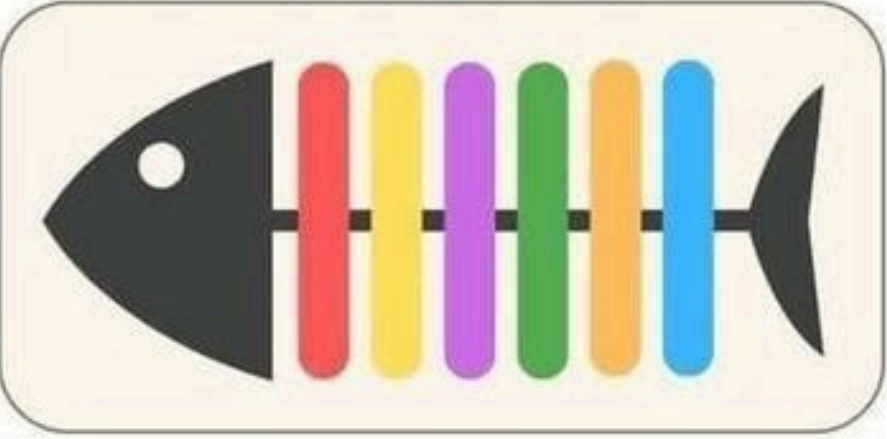
Soldaki Őeklin aynısı Őađ tarafta olacak Őekilde daireleri boyayalım.



Kareye bir parmağını dikdörtgene iki parmağını koyarak aşağıdan yukarıya doğru ilerleyelim.



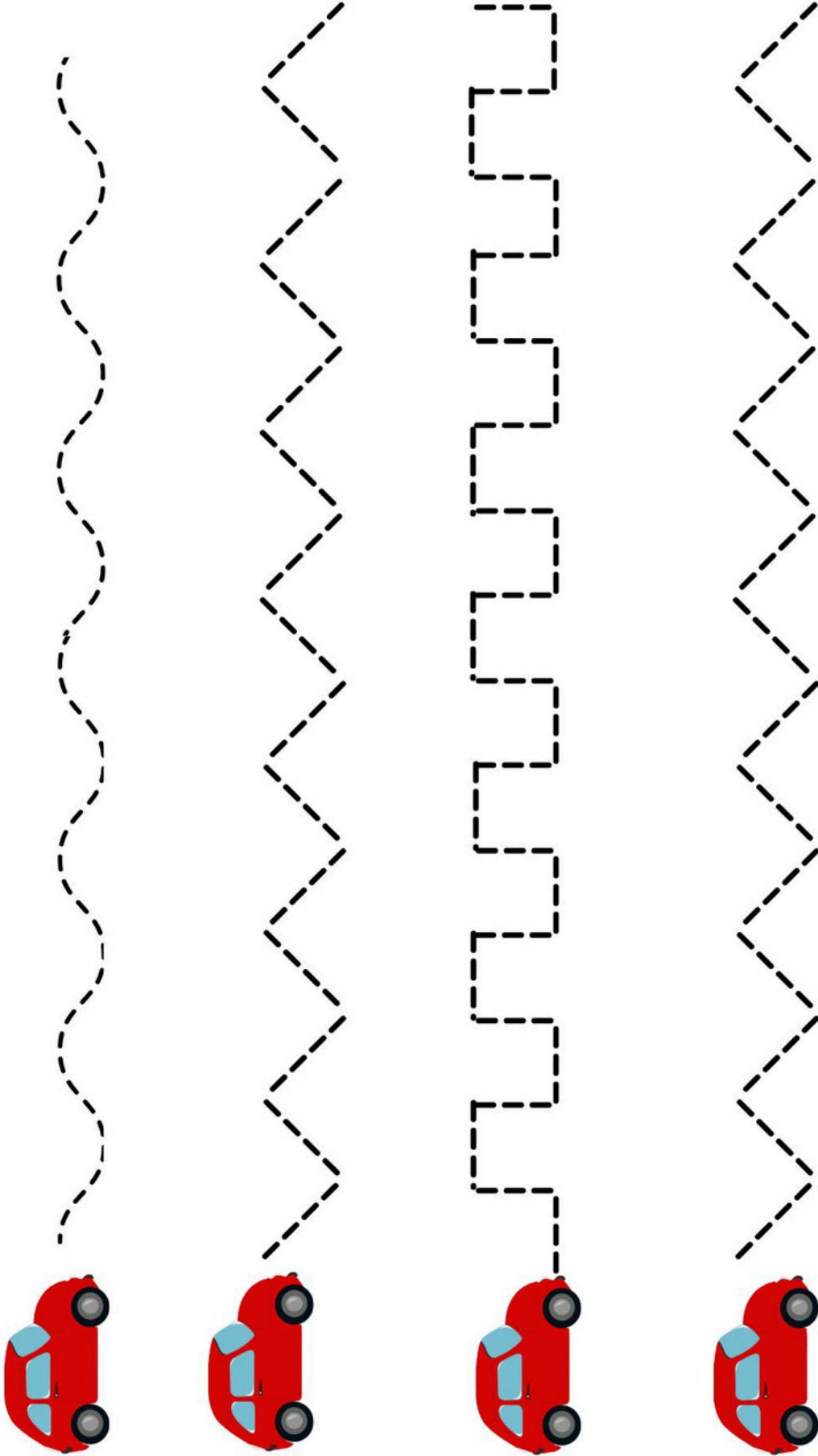
Çocuklar şekillerdeki renk örüntüsünü bir sonraki sayfada bulunan balığa kopyalayalım.



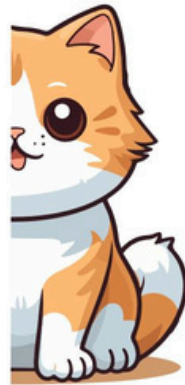
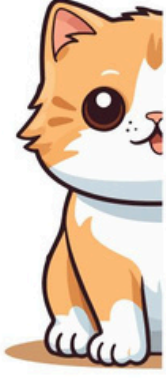
(DİL ÇUBUKLARINI BOYAYARAK MATERYAL HAZIRLANMASI GEREKMEKTEDİR.)



Çizgileri tamamlayalım.



Hayvanları diđer yarısı ile eşleřtirelim.

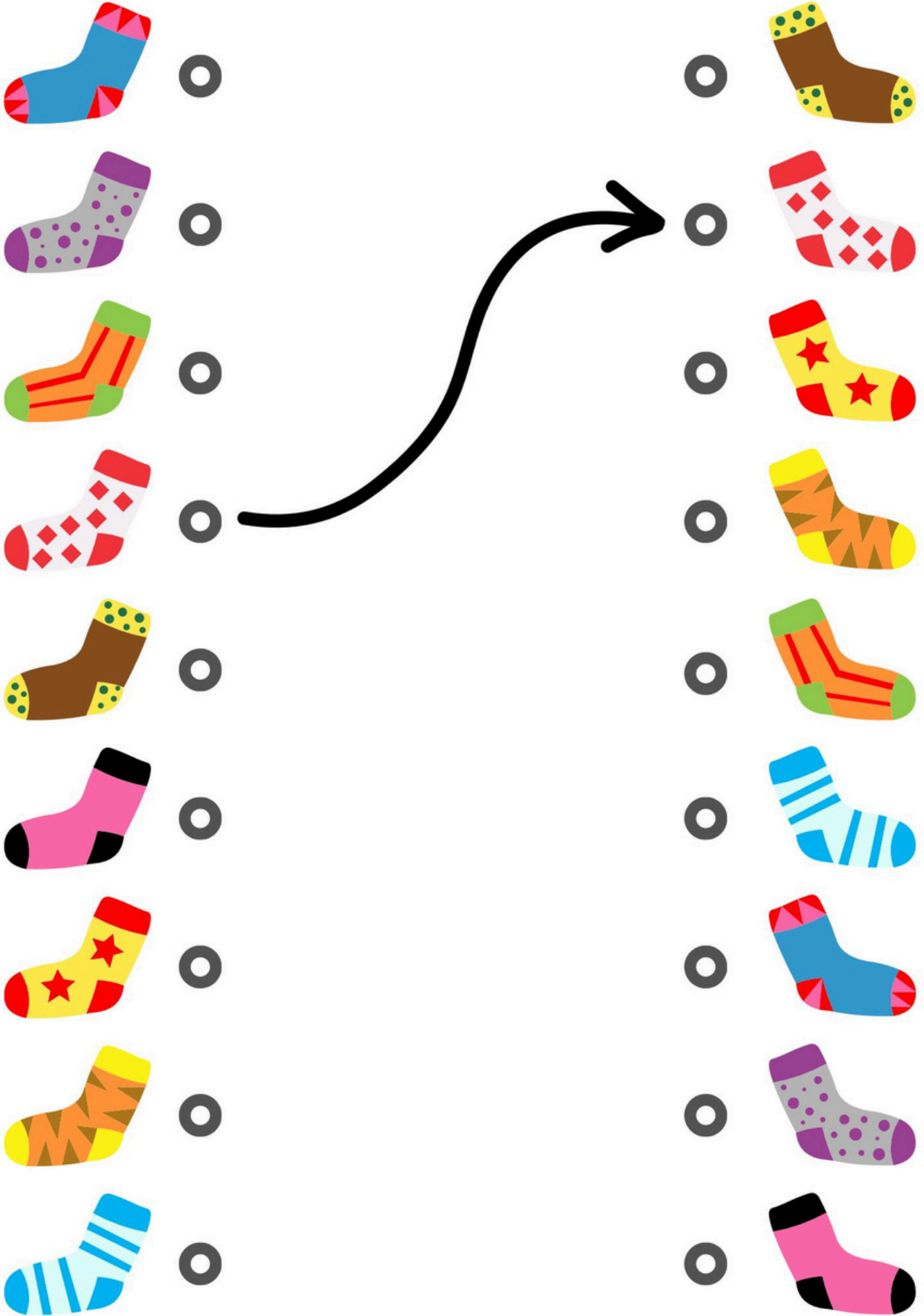


Nesneleri inceleyelim. Dokununca yumuşak olanlara işaret koyalım.



@sevcanbarutedu canva sayfasından alınmıştır.

Çorapları diğer eşi ile eşleştirelim.

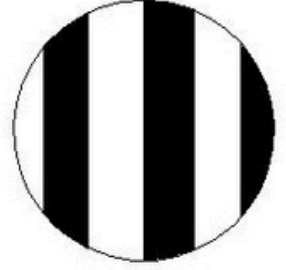
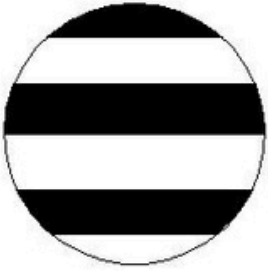
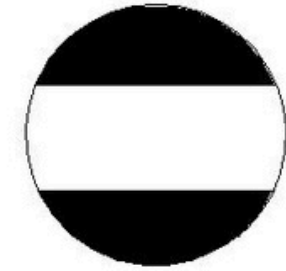
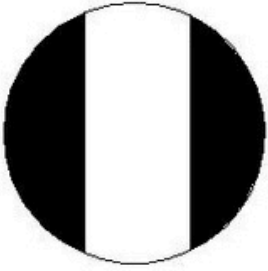
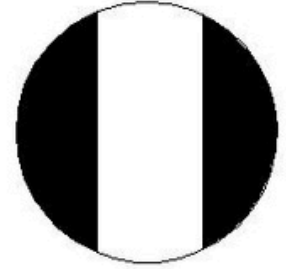
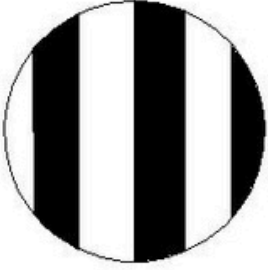
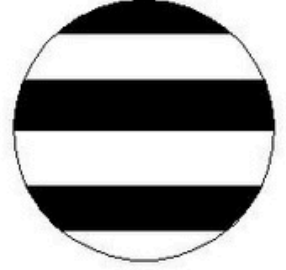
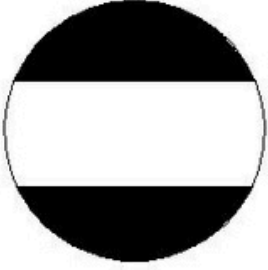


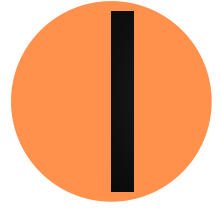
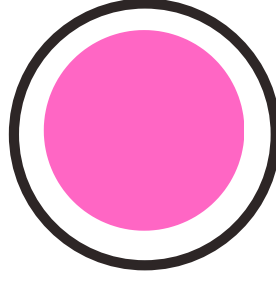
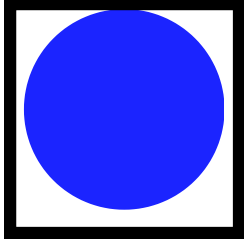
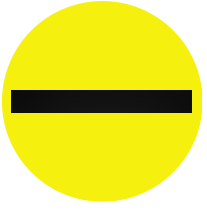
@edufatih canva sayfasından alınmıştır.

TUĞÇE YAPICI EROL

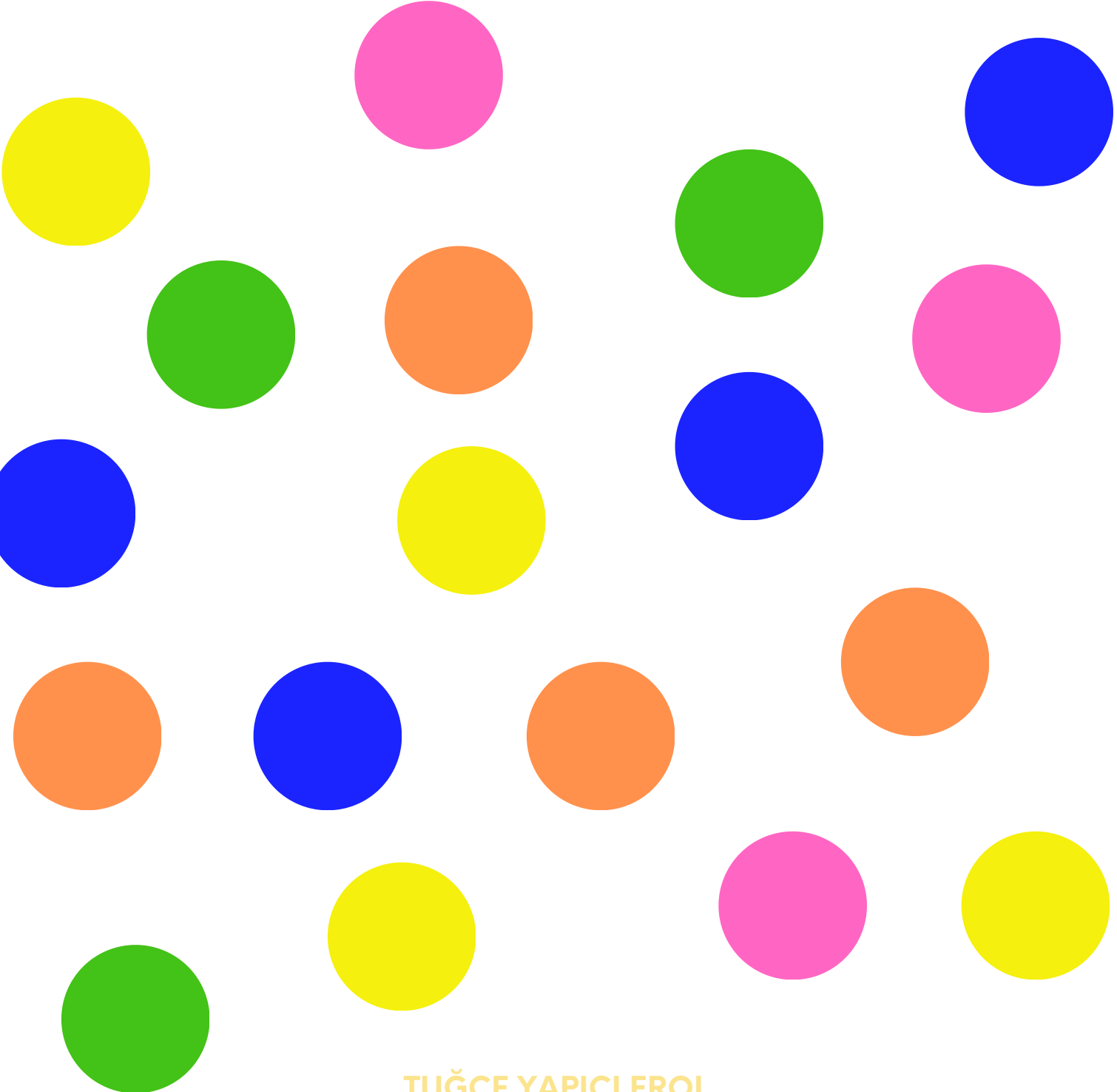
@terapotikdanisman

Aynı olan şekilleri eşleştirelim.

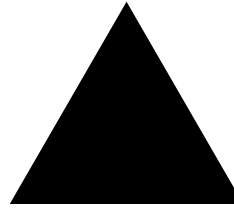
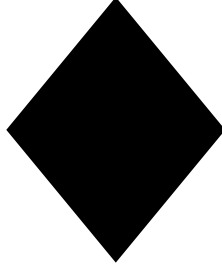
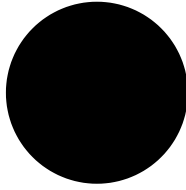
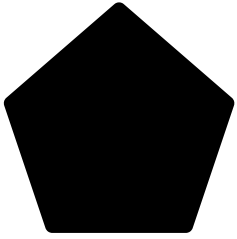
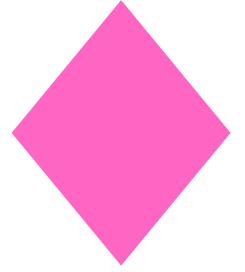
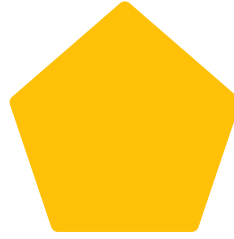
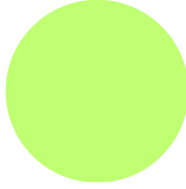
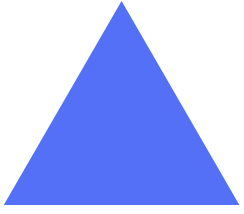




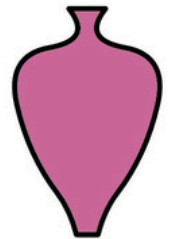
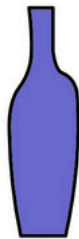
Şekillerin renklerine göre yukarıdaki işaretlemeleri yapalım.



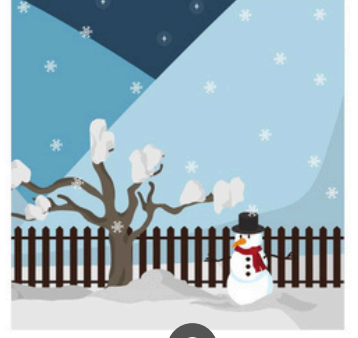
Şekilleri gölgeleri ile eşleştirelim.



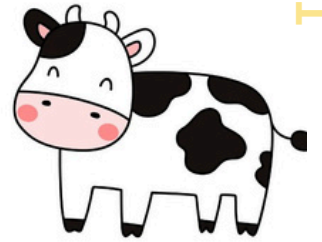
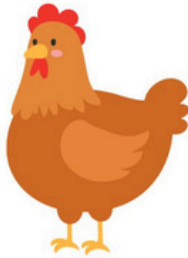
Şekilleri gölgeleri ile eşleştirelim.

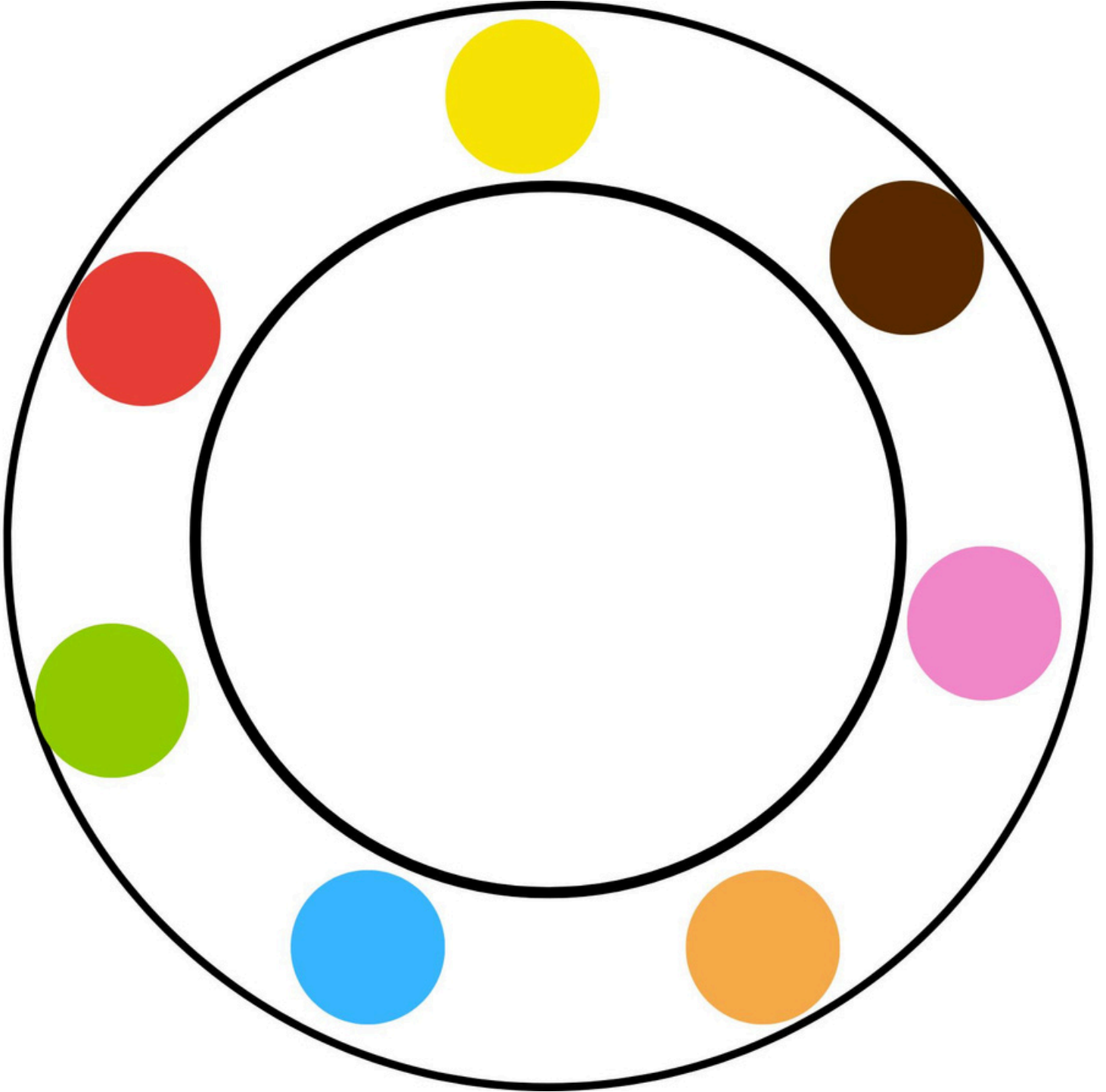


Mevsimlerle ilgili olan seçenekleri eşleştirelim.

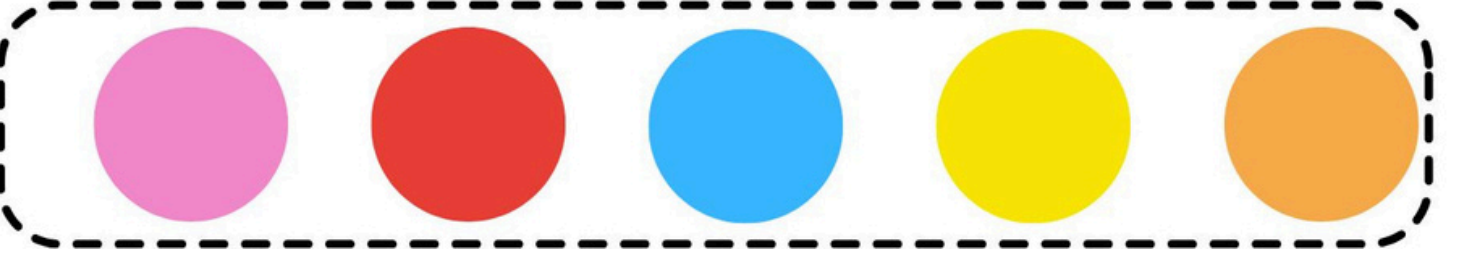
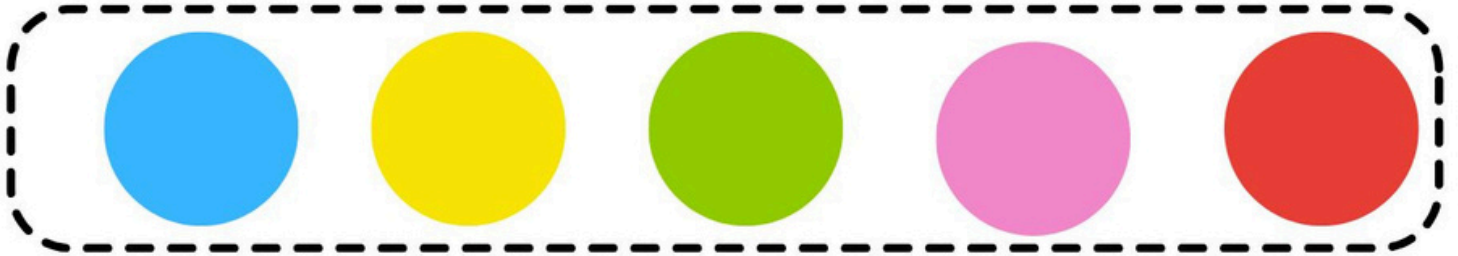
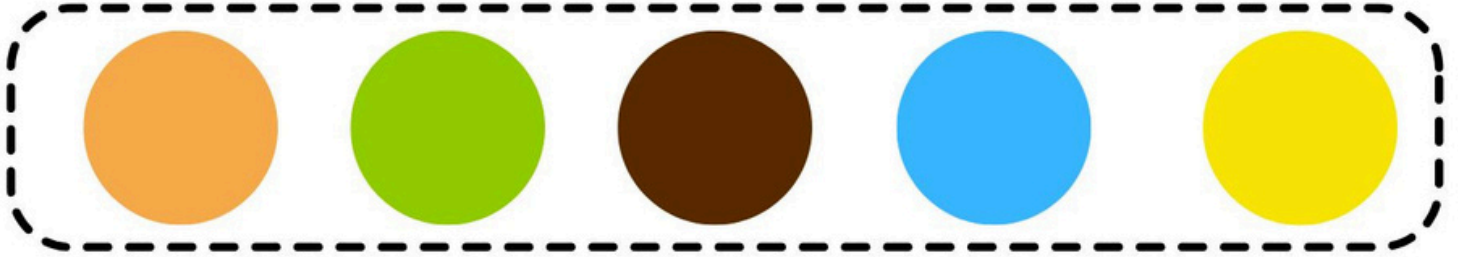
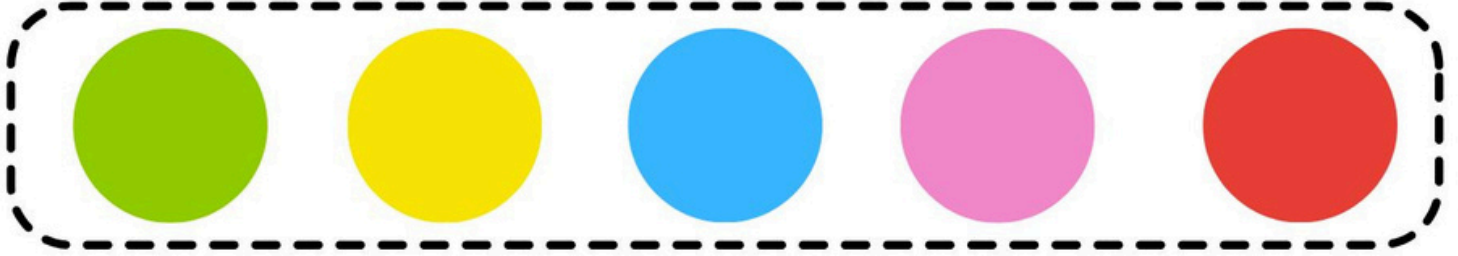
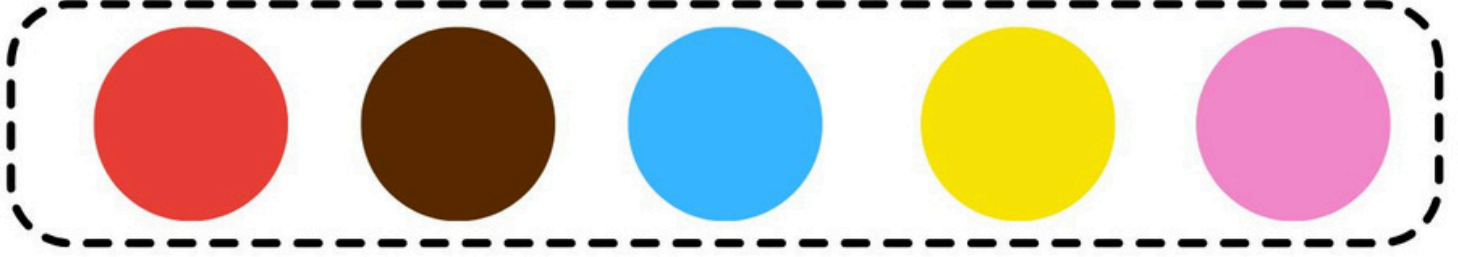
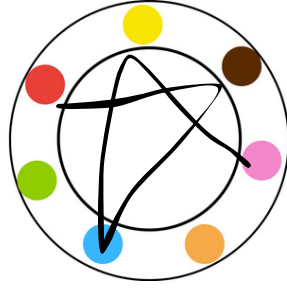


Hayvanlarla ilgili olan seçenekleri eşleştirelim.

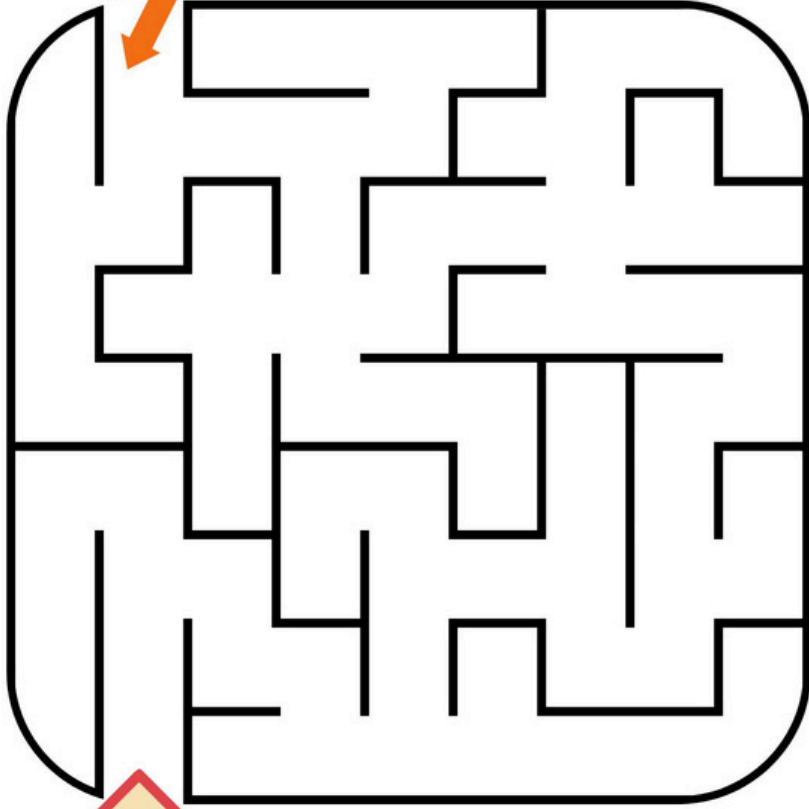




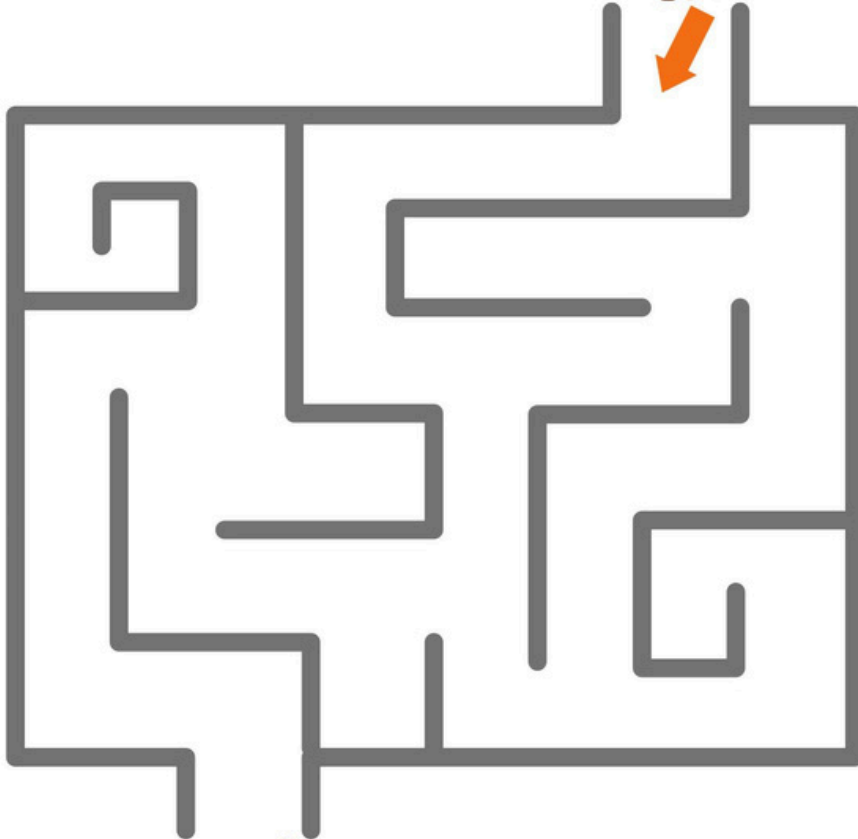
Bir önceki sayfada bulunan dairedeki renkleri aşağıdaki renk sıralarına göre örnekteki gibi kalemle çizelim.



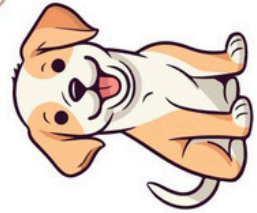
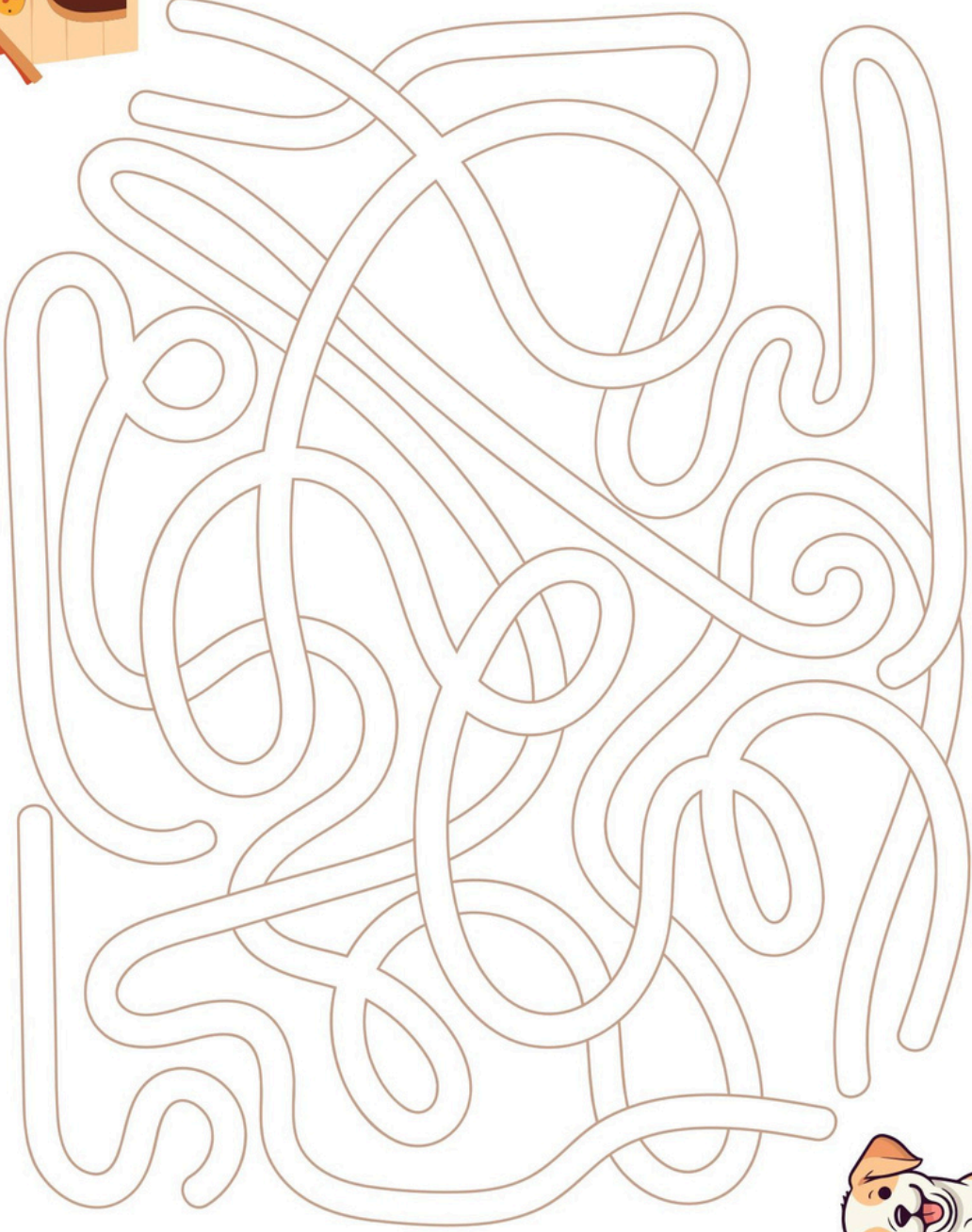
Çocuđu evine ulařtıralım.



Tavřanı havucuna ulařtıralım.



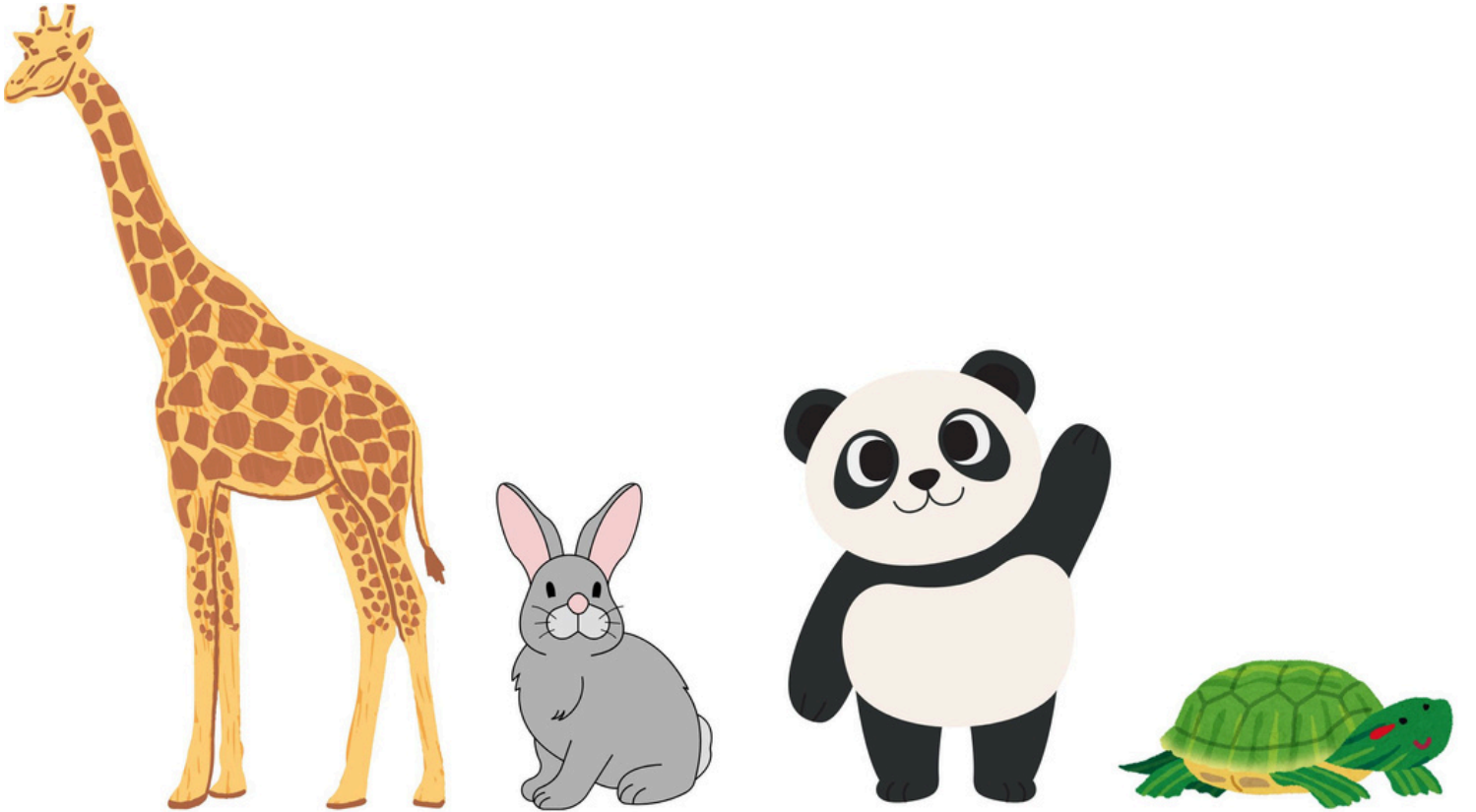
Köpeęi kulübesine ulařtıralım.



Kavanozlar arasında en çok şeker hangisinde?



Aşağıdaki hayvanlardan hangisi en uzun?



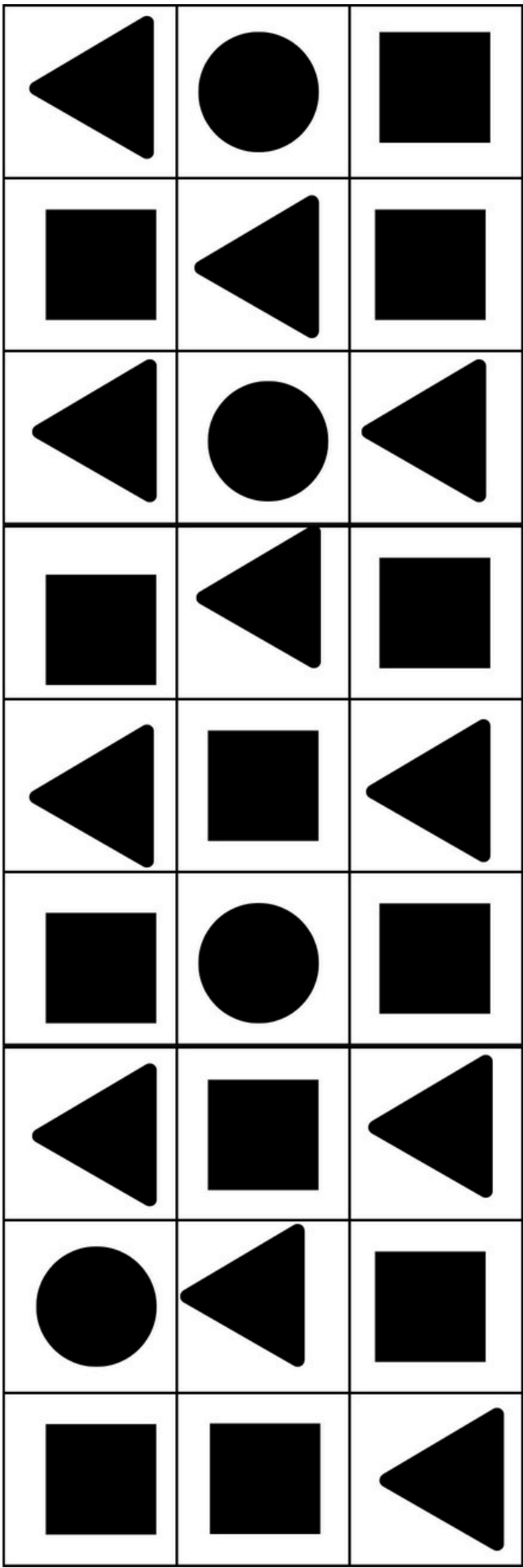
Masanın altında, üstünde, yanında neler var?

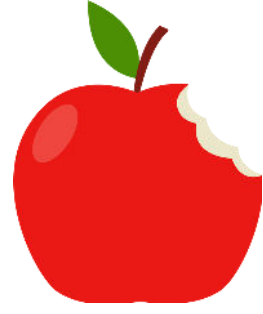


Aycıkları doğru sandalyelere oturtalım.



Aşağıdaki şekiller arasında bulunan daireleri işaretleyelim.

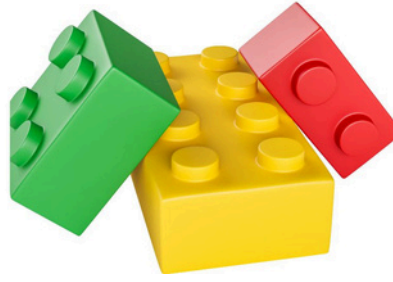
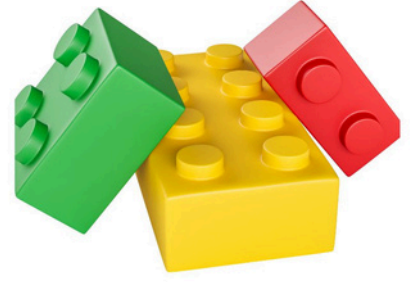
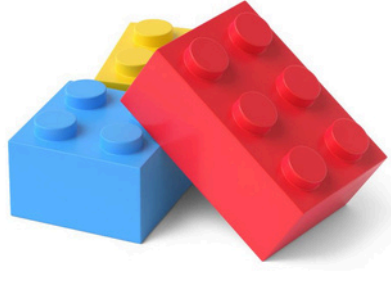
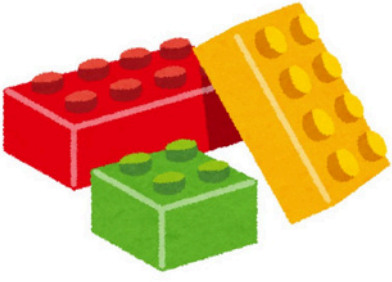




Elmanın aynısını yukarıda bulalım.



Dondurmanın aynısını yukarıda bulalım.

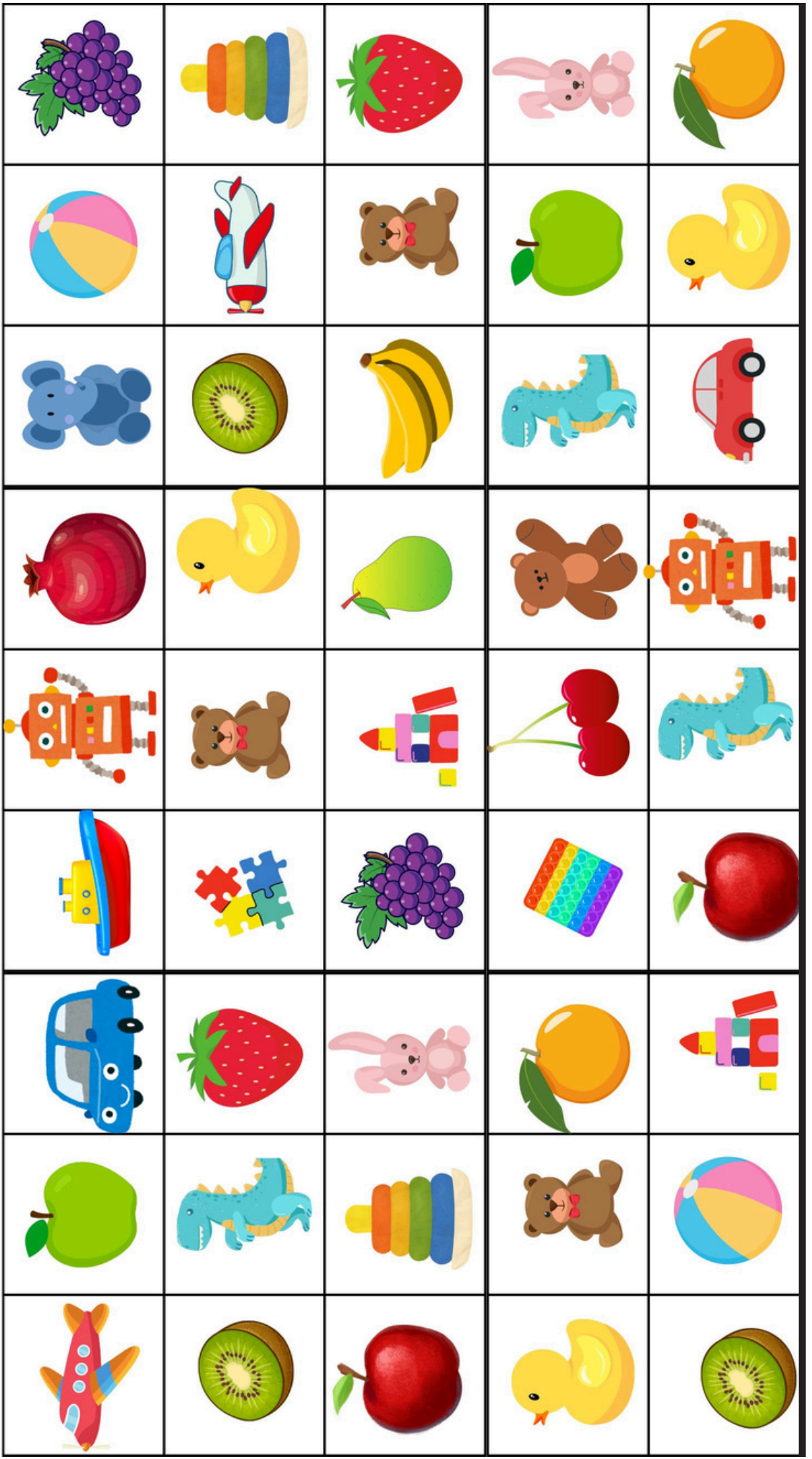


Legonun aynısını yukarıda bulalım.

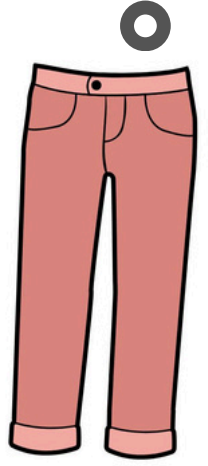
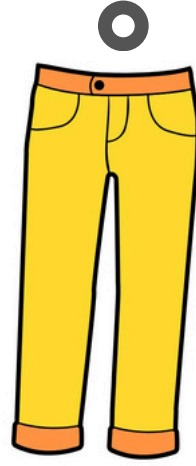
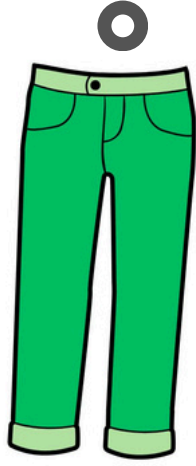
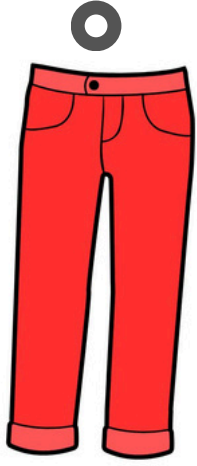
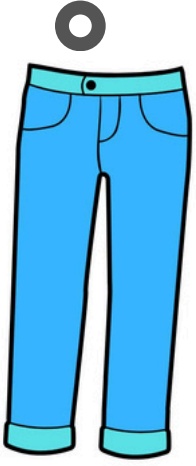


Aabanın aynısını yukarıda bulalım.

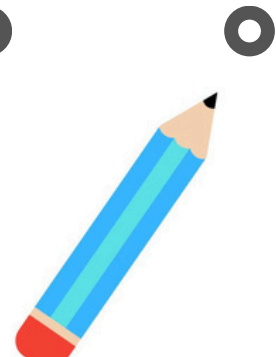
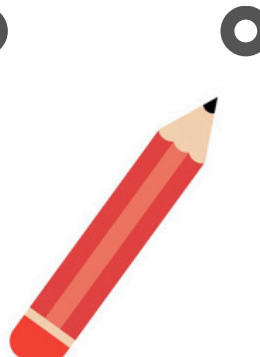
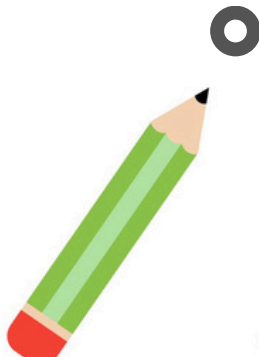
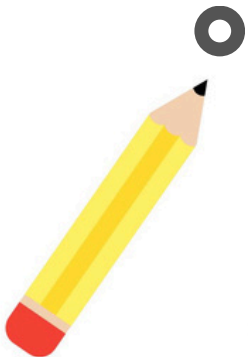
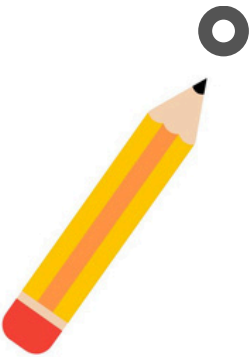
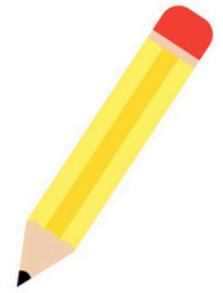
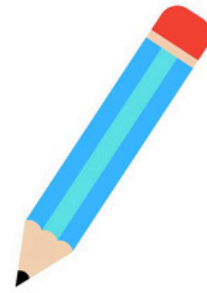
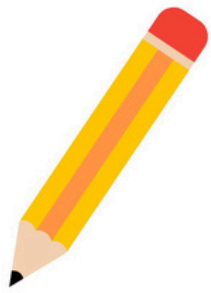
Aşağıdaki şekiller arasında bulunan meyveleri işaretleyelim.



Renkleri eşleştirelim.



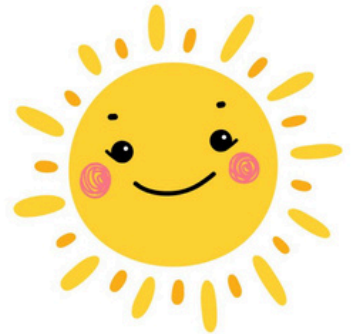
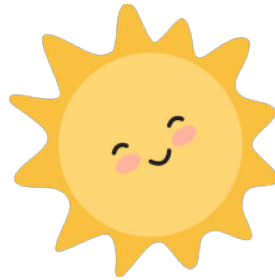
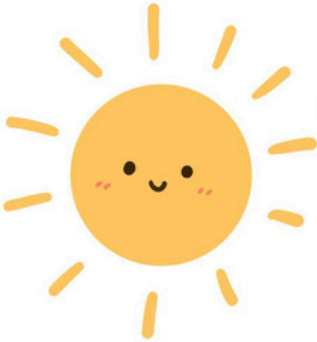
Renkleri eşleştirelim.



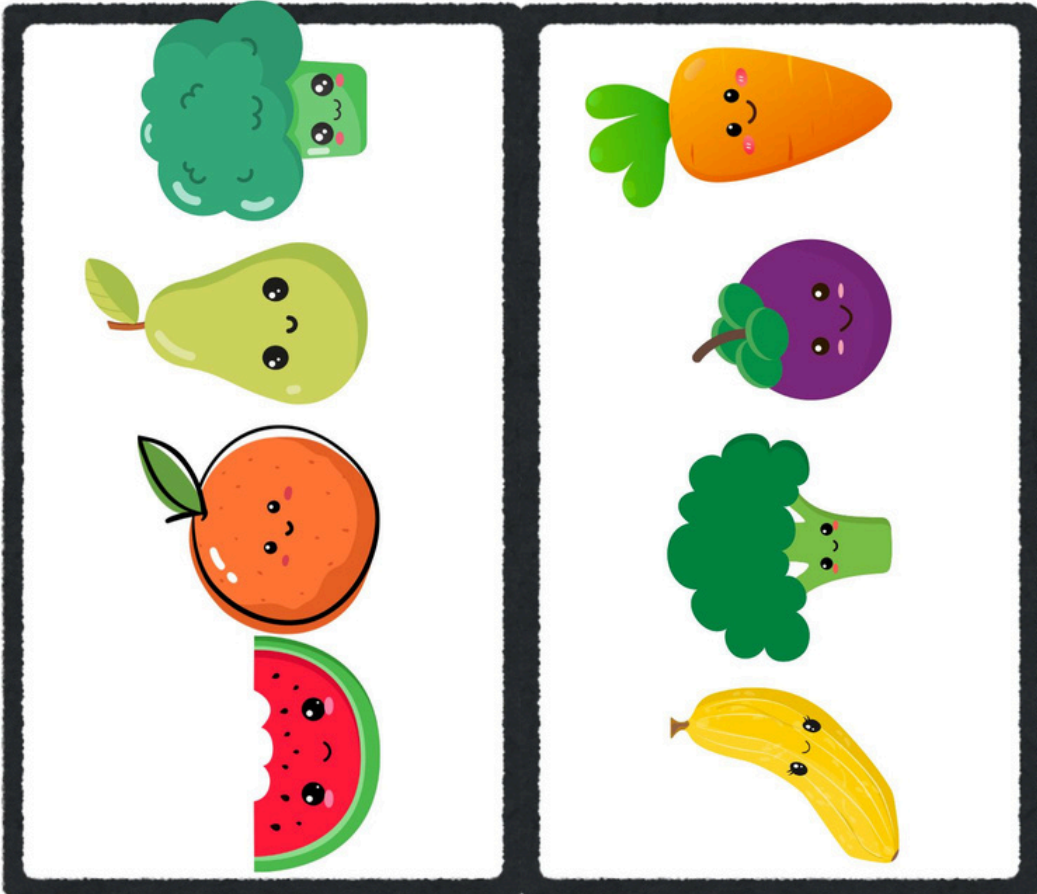
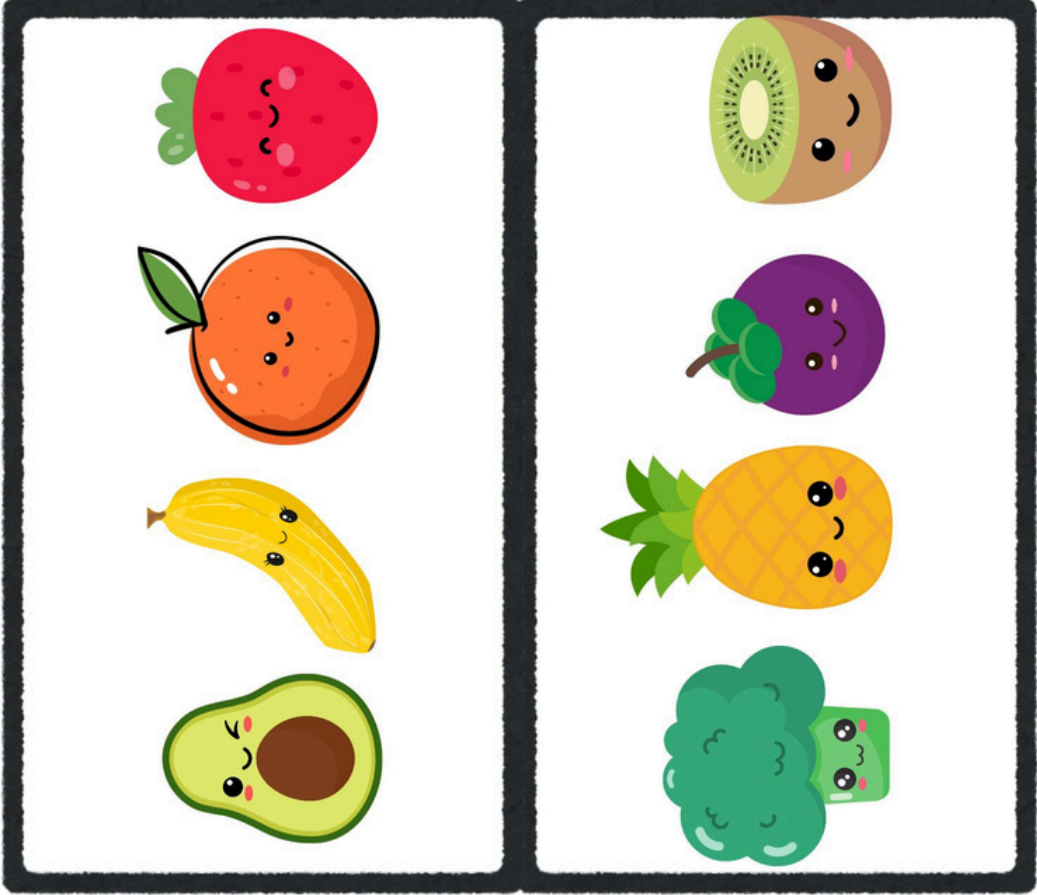
Pizzaları eşleştirelim.

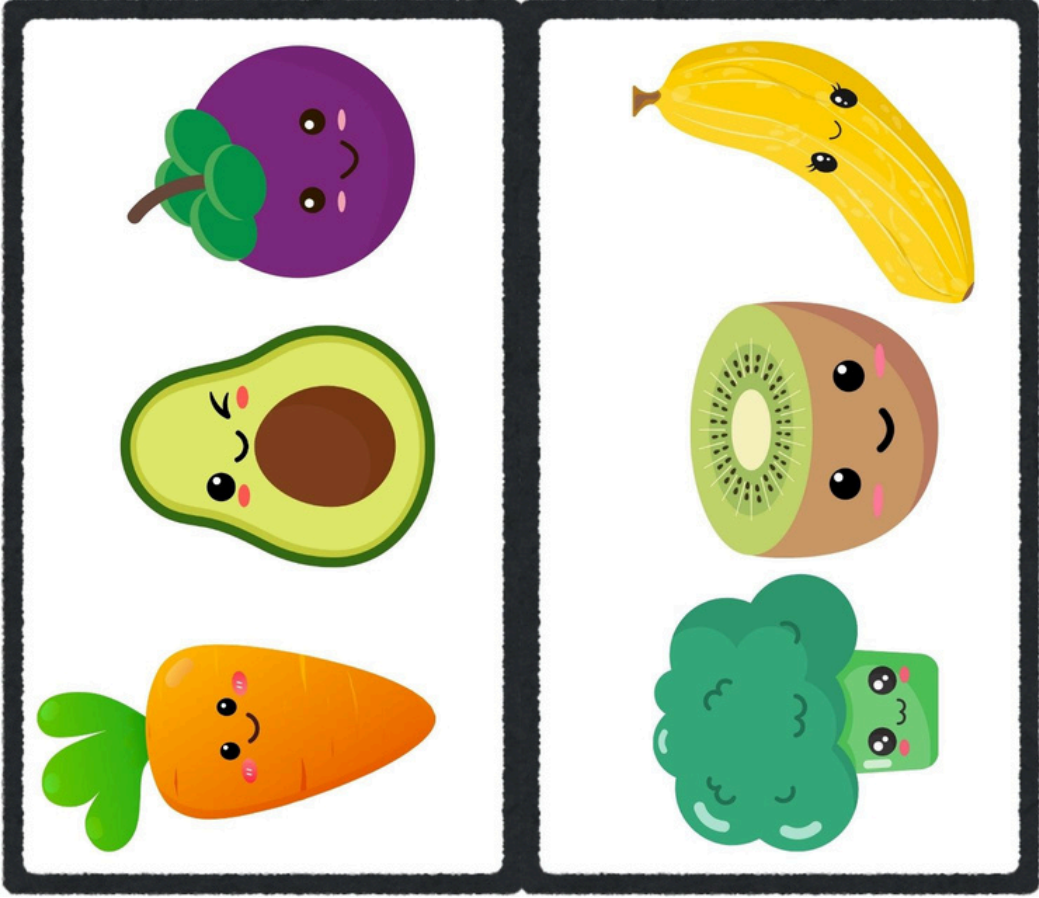
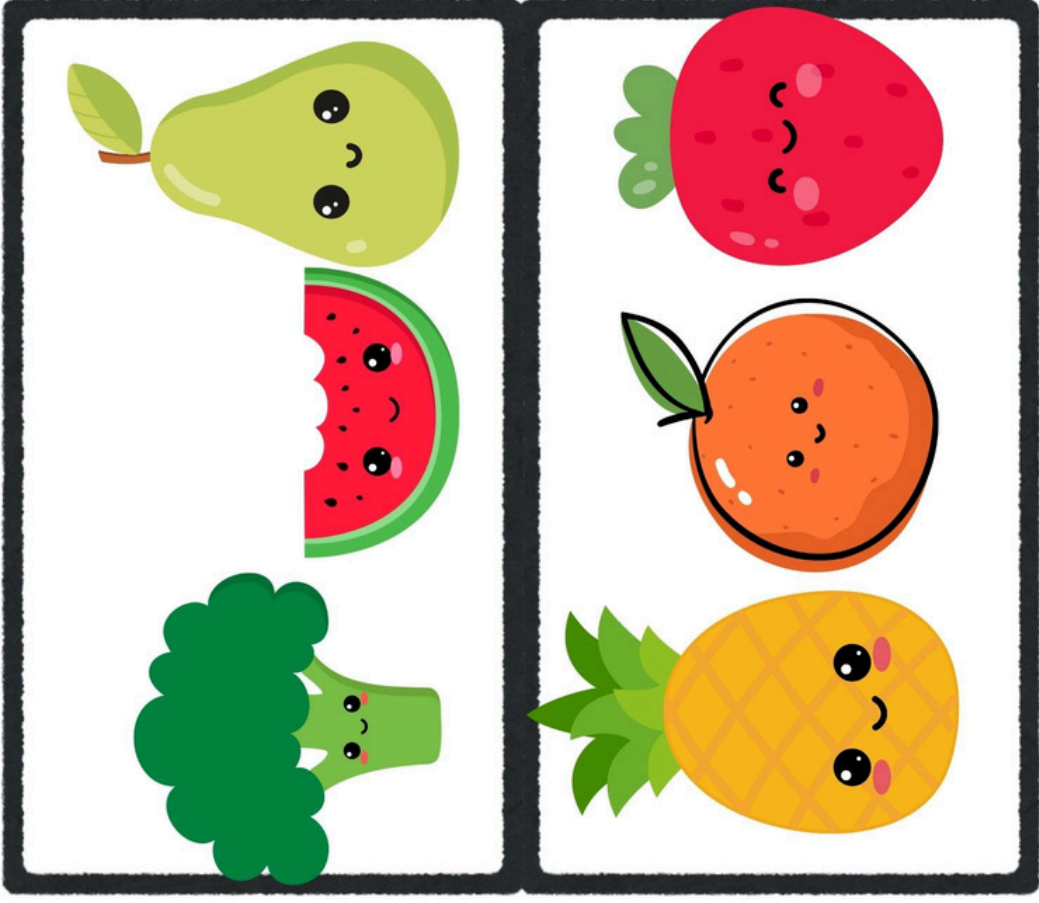


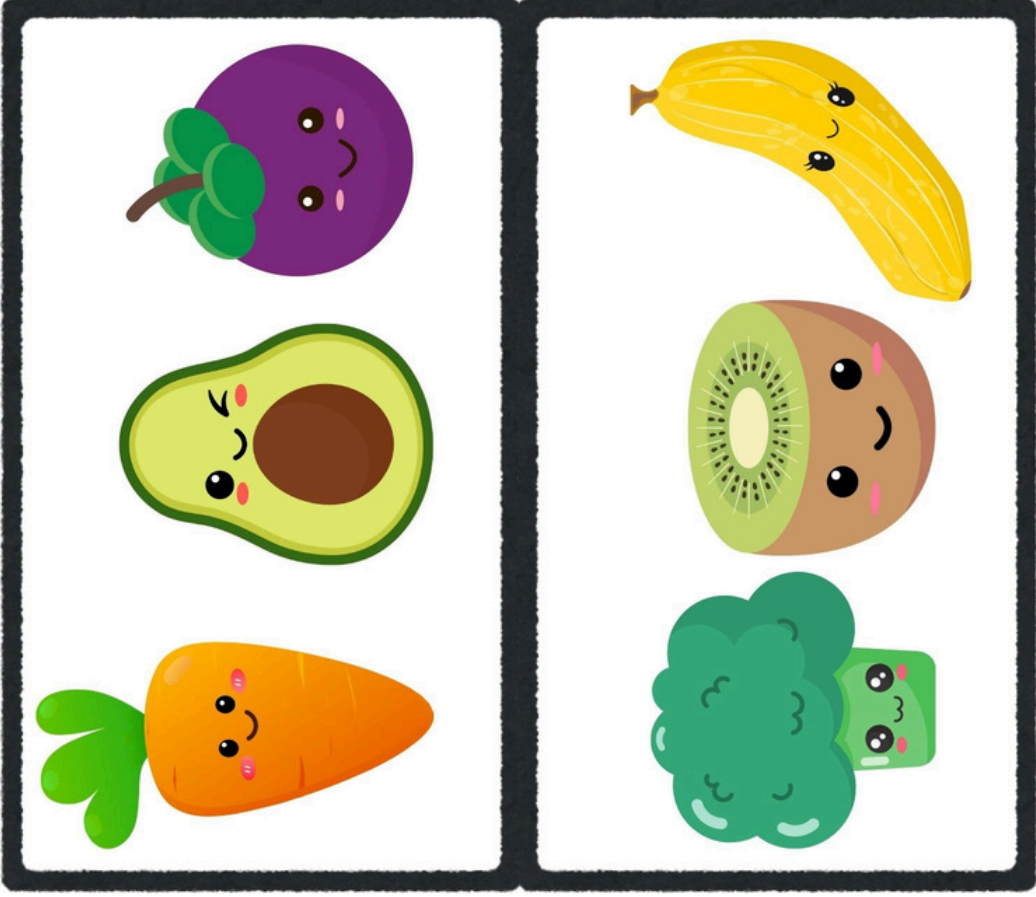
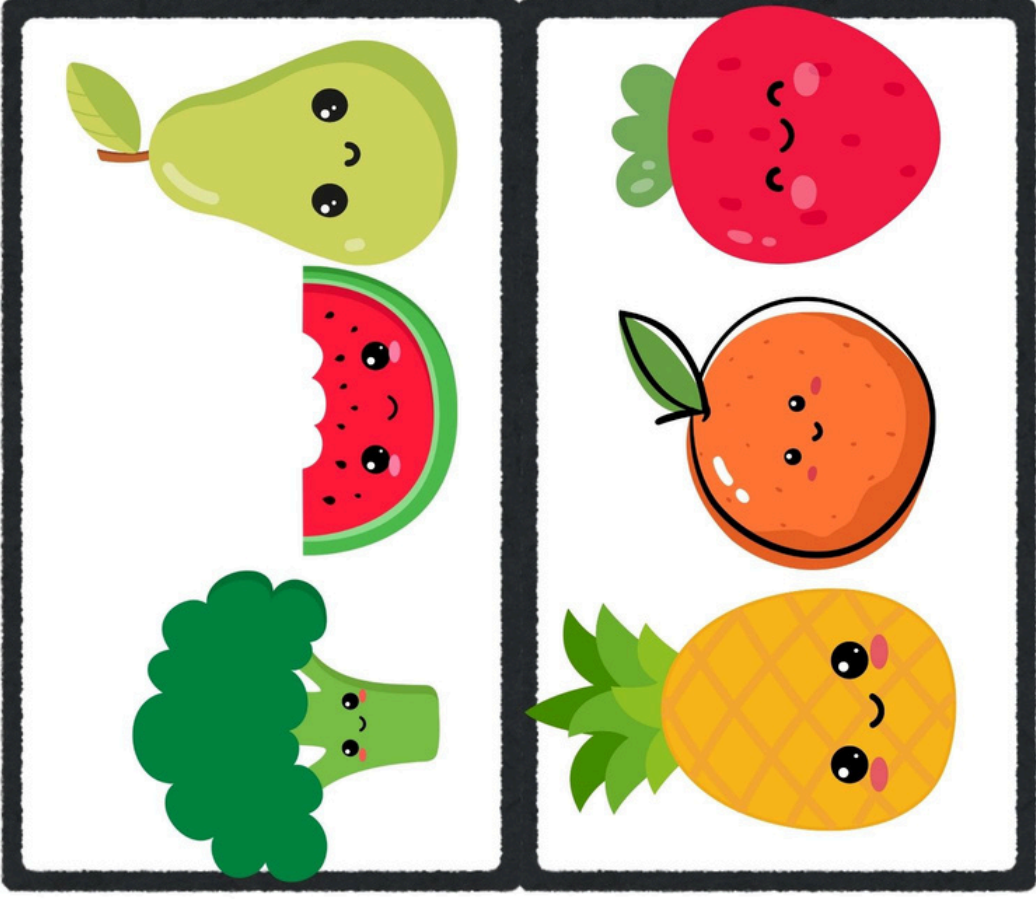
Birbirinin aynısı olan güneşi bulalım.

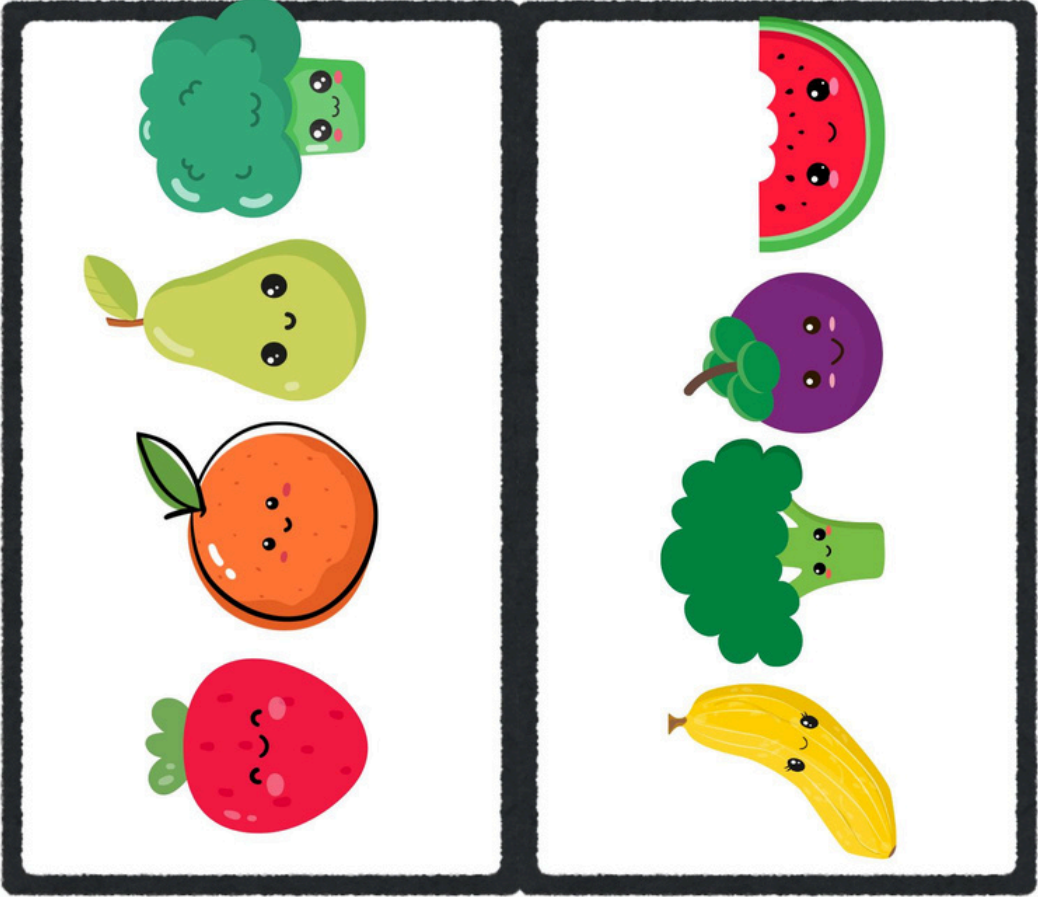
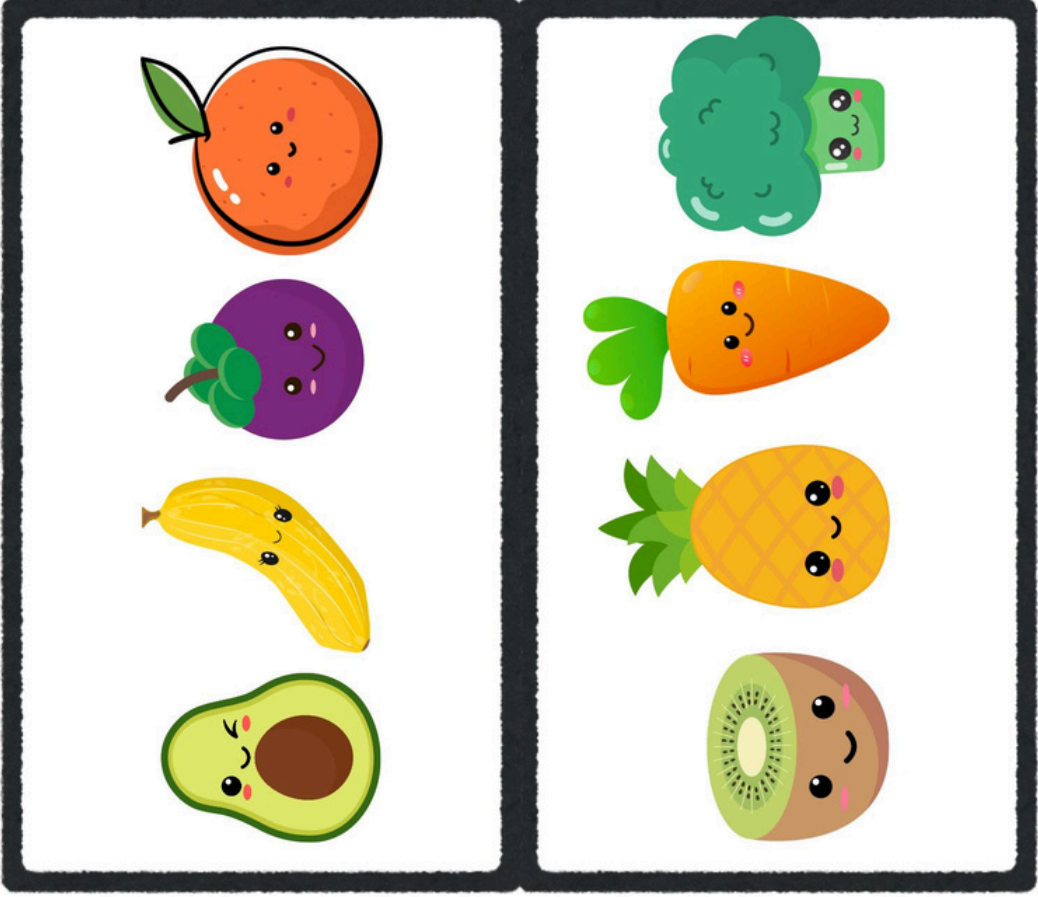


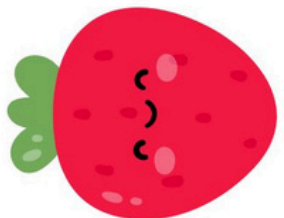
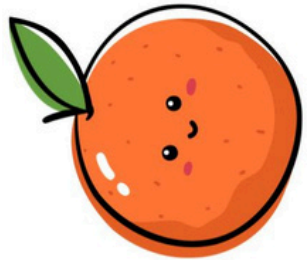
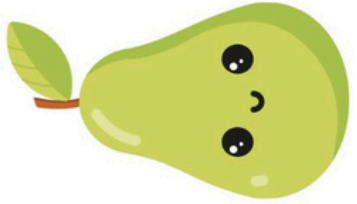
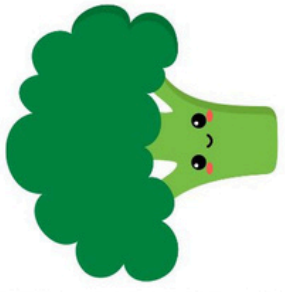
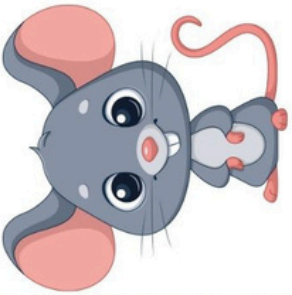
Aşağıdaki kartları renkli çıktı alıp laminasyon ile kaplarsanız uzun ömürlü olacaktır. Çocukların görsel hafızalarını geliştirmek amacıyla hazırlanmıştır. Öğrenciye meyvelerin&hayvanların olduğu toplu kart gösterilir 10-20 saniye kartta baktıktan sonra, ortadaki kartı kapatılır. Şeklin aynısını eldeki tekli kartlar ile yapmaya çalışır.

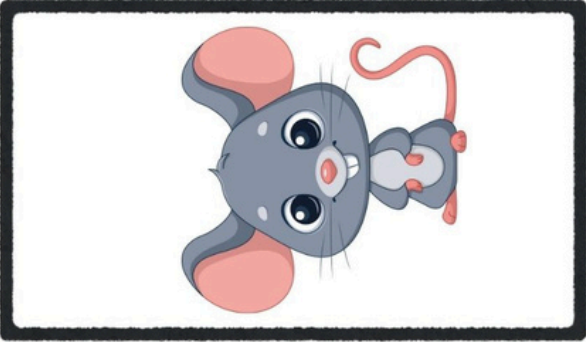
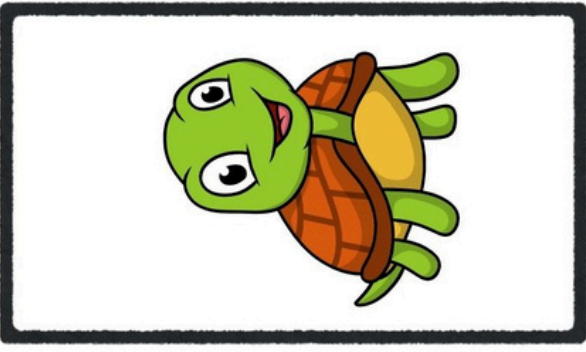








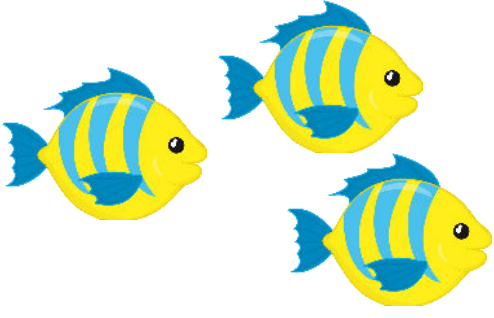




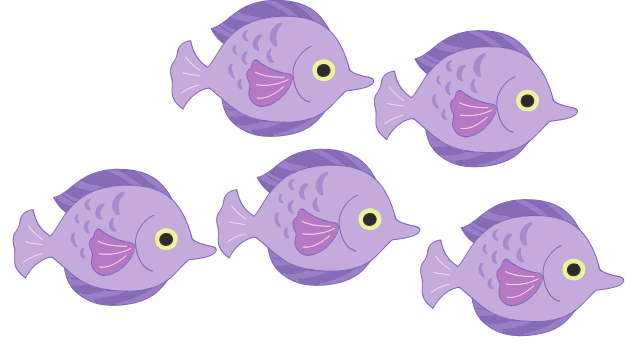




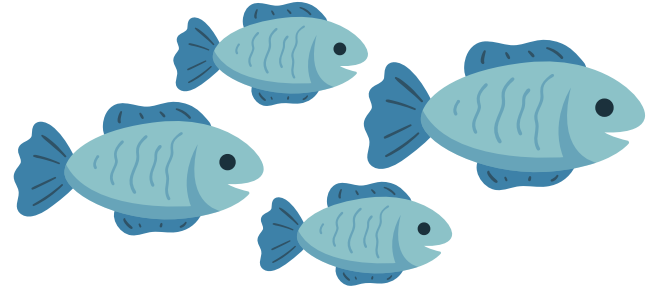
Balıkların adetini sayılarla eşleştirelim.



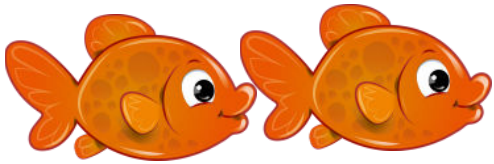
1



2



3

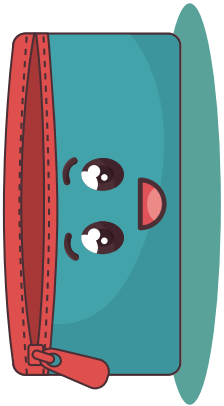
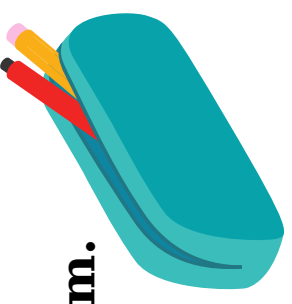


4

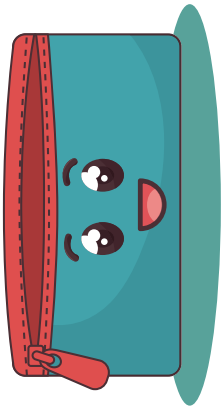


5

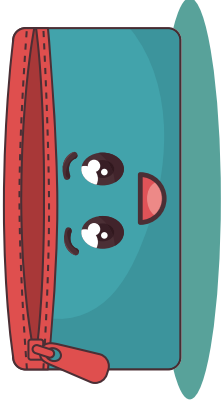
Kalemliklerin içine altında yazan sayı kadar kalem çizelim.



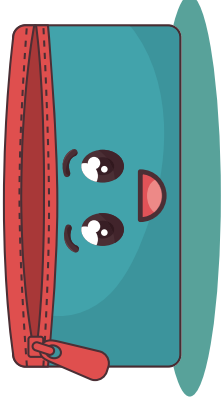
3



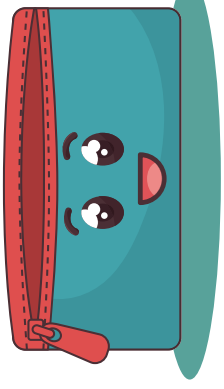
5



2



4



1

Tavukların sepetine üstünde yazan sayılarla yumurtakarı eşleştirelim.

